

\* Please send all VIEW submissions to [Newsletter@pacificunitarian.org](mailto:Newsletter@pacificunitarian.org) by Wednesday Noon.

\* Please send requests for a Sunday announcement to: Clay Bosler [claytonbosler@mac.com](mailto:claytonbosler@mac.com)



Pacific Unitarian Church  
A Unitarian Universalist Community

*Committed to the Free and Responsible Search for Truth, Meaning and Service*

*The View*



November 27, 2014

Deadline: Each Wednesday at noon

Hi {FIRST\_NAME|PUCer},

Welcome to this week's action-packed lineup at PUC.

How long has it been since you read, and I mean really read, the seven principles? They are at the end of this newsletter this week, so take a few minutes and think about how each one of the principles resonates with your spirituality. After all, this *is* what binds us together.

And thanks for caring...



**Please Note:** Jerry Parker's Memorial Service will not be held at the church this Sunday. His family has made the following plans for Sunday afternoon - November 30, 2014 at 5:00pm.

Elephant Bar & Grill  
Village Del Amo Shopping Center  
Restaurant Row  
21227 Hawthorne Blvd.  
Torrance, CA. 90503

R.S.V.P. To: Matt Firth [714 234 9144](tel:7142349144)  
Betty Saunders [310 324 6333](tel:3103246333)  
Janis Parker [808 938 5969](tel:8089385969)



**CONGREGATIONAL MEETING DECEMBER 7**

November's Monthly Theme:

## COVENANT

**This Sunday**

"All at the Table"

What does our Universalist tradition teach us about acceptance amid diversity?

Rev. John Morehouse

**Next Sunday**

"In The Hands of the Holy"

The idea of God has many dimensions. What is yours?

Rev. John Morehouse

December's Monthly Theme:

## GOD

### PUC Calendar

Our calendar is now online. There is a link to the calendar on our PUC website home page. It can be accessed via the link below. The calendar and all links are updated real-time as modifications are made, so this

## Budget Presentation and Audit Committee Report

The Fall Financial Review, as called for in the PUC bylaws, will be held after the service on Sunday, December 7th. In addition, the Audit Committee will present their report. Come with your questions and comments.

At this meeting, the Board of Trustees will share their vision for the current year. See the PUC website for copies of the budget, or contact any Board Member.

Please plan to attend!



Meet artist JoAnn Damron-Rodriguez as she opens her debut show, ***Dreams***, on Sunday, December 7, Noon – 1:30 pm. Through her art, she presents an understanding of how the feelings expressed by dreams relate to conscious life.

This mixed-media exhibit is at the Unitarian Universalist Community Church of Santa Monica (UU Santa Monica) and will run through December 28, 2014.



## UUSC

### **PARTICIPATE In GUEST at YOUR TABLE**

Guest at Your Table is an annual fundraiser and education program that supports UUSC's human rights work. This year's Guest at Your Table theme is food sustainability. We invite everyone to take part during the holidays: families, small groups, congregation, and community organizations.

Share a meal in the name of food sustainability. Bring your friends and family together for a great cause and help raise awareness about human rights work happening all over the world.

It's a very simple request. Please keep your box on your dining table throughout the holidays. It will represent the " guest at your table". Pennies, nickels, dimes, quarters, a dollar bill placed in our boxes will remind us of hunger issues around the world and what can, and is being done with the help of UUSC. If you didn't get a box, contact Sandy McNeil.

Please go to [uusc.org](http://uusc.org) Guest at Your Table and click on STORIES of HOPE to read about the individuals UUSC is honoring this year.

Sandy McNeil. UUSC Ministry

will contain the most up to date information possible.

[Link to PUC Calendar](#)

For those that receive the View via US Postal Service, a paper copy will be included with your weekly copy of the View. In addition paper copies will be available in the office. These will be updated each week when the View is distributed.

## Joys and Concerns

Come join friends in the PUC Library on Sunday morning from 9:30 to 10:30 and join the Joys and Sorrows Circle. The Circle gives a compassionate space for sharing and listening. Organized by Sandy McNeil.

### §

To have your Joy or Concern appear here you may complete one of the Joys and Concerns slips in the back of the Hall and place it in the box, or send it directly to [newsletter@pacificunitarian.com](mailto:newsletter@pacificunitarian.com).

## TOWN HALL & CONGREGATIONAL MEETINGS

Sunday, December 7, 2014



## Happy Thanksgiving from Rainbow Services

It's the holiday season! Each year we attempt to provide a bag of groceries to each of our families and unfortunately, food donations have been slim lately. Please remember our Rainbow families when you are shopping for your own holiday meals and consider a donation of non-perishable food items. For more information contact Eileen Mosler at 424-264-0636. To drop off donations, stop by our temporary offices at 505 S. Pacific Avenue, San Pedro, during regular business hours.

Sincerely,

Ben Schirmer, Executive Director  
Rainbow Services



## Harbor Interfaith collecting food for Thanksgiving.

The Holidays are here. Food is a big part of the festivities. PUC has helped stock the Harbor Interfaith Pantry for years. They need to have the holiday food now. But Holiday food will be collected from now until after Christmas. Food is one of the things that makes the holidays special. They need the basic staples: Canned vegetables & fruit, yams & cranberries sauce. All the mixes in a box. The basic staples: sugar, flour, coffee & tea....Condiments, catchup, mayo & mustard also jello & pudding mixes

**The donation basket is by the door as you enter the Sanctuary.**

Betty Saunders



## SMALL GROUP FACILITATOR TRAINING JANUARY 2015

The purpose of the SGFT program is to cultivate trusted members of the congregation to grow in small group facilitation skills, teaching specific methods for building community through CONNECT small groups. We are seeking people with a heart for others to join us in this important training and work. Contact Kim Gosney to be on the mailing list. Our groups will always leave an empty chair in the circle, to indicate that we know there are people out there who are seeking what we have found, and to remind ourselves that those seekers are always welcome among us.

## Congregational Meeting

Budget, Audit, and Board Report.  
Bring your questions...

**Sunday, January 4, 2015**

Town Hall Meeting:  
PUC's Purpose and Vision

**Sunday, February 1, 2015**

Town Hall Meeting:  
Member Roles, Rights and  
Responsibilities

**Sunday, March 15, 2015**

## Congregational Meeting

Spring Stewardship Campaign

**Sunday, April 5, 2015**

Town Hall Meeting  
Topic to be determined; your  
thoughts?

**Sunday, May 3, 2015**

Town Hall Meeting:  
Budget preview and discussion

**Sunday, June 7, 2015**

## Annual Congregational Meeting & elections

Flowers help bring joy, This Sunday's flowers are brought to you by Vicki G.

Please sign up for your turn to bring Sunday's Flowers on the Flower Calendar inside the door of the PUC Office.

Next Open Date: January 4th, 2015.



## Hospitality

*It takes many hands to make a Sunday.  
Special thanks to all of our volunteers!*

Greeters:  
Jean Tordella

## HOLIDAY DROP-IN GRIEF SUPPORT

For those who want to share support with others who are experiencing a loss and facing the holidays. This peer group is run in a flexible format with facilitation. We will share our stories and discuss ways to prepare and engage in active self-care over the holiday season. A diversity of ages, beliefs, practices and values are welcome.

There are no fees, and no preregistration is required.

TUESDAYS 3 PM DECEMBER 2, 9 & 16  
WEDNESDAYS NOON DECEMBER 2 & 17  
WEDNESDAYS 7 PM DECEMBER 2, 10 & 17

Kim Gosney serves as facilitator. Kim is a member of the International Expressive Arts Therapy Association. She is a trained hospice volunteer, has training in death midwifery and home funeral facilitation with Beth Knox of Crossings and, as founder of Alive and Mortal, presents workshops and lectures focused on the deep work of "evolving bonds™", rituals and impermanence.

Ushers:  
Linnea Eades  
Carrie Pobre

Welcome Table:  
TBD

Top Chef:  
Debi R.

Welcoming Trustee:  
TBD

Office Volunteer:  
Gary Hart



## One Voice LA

**Thursday, December 18**

**7:30 PM**

Our annual food packing event to serve the deserving residents of LA. There will be car pools leaving from PUC to take us to this family-friendly event.



The Books In Our Lives covenant group has just started "**Islam: A Short History.**" by **Karen Armstrong**, and will be discussing the first third of the book on Monday evening December 3. If you think you might enjoy reading and discussing this highly acclaimed description of the evolution of Islam, and its' practices and tenants, please call Paul Slavich at 310 540-2821.

BIOL covenant group enjoys reading a variety of good books at a relaxed pace. They meet from 7 to 9 PM in South Redondo on the first and third Monday evenings of the month.



## WAYS WE WORSHIP

**Soulful Supper**

**Wednesdays**

5:00 PM Arrive to prepare food and our space.

6:00 PM Meal/Worship

7:00 PM Clean-up

7:10 Breakout Groups - adult, youth, choral, and more!

## WAYS WE GROW

### Writing as a Spiritual Activity

Drop in any 2nd or 4th Monday evening at PUC from 6:30pm to 8pm-ish to share this writing time. We write for 30 minutes on whatever is on our mind or in our hearts, followed by the opportunity to share our writing and allow others to respond. Some food for thought will be available to get our pens moving. Drop-in. \$2 donations accepted.

Bring paper or journal and pen!

*Facilitator: Janet Steinberg*



### Gentle Yoga Class for All

Wednesdays, 11:30 AM-12:30 PM

in the Hall. A Class designed for all levels, shapes, and ages. We will focus on a gentle practice through movement:

- To help unblock your flow of energy
- Increase your mental and physical flexibility while releasing stress and enhancing body awareness
- Poses and exercises to build strength, relieve pain and stress, and improve balance

Suggested Donation: \$15/class. Taught by Debi Robinson

Questions: [Debi@omhappy.com](mailto:Debi@omhappy.com)

### *The Seven Principles*

This is what binds us together;

1. The inherent worth & dignity of every person;
2. Justice, equity & compassion in human relations;
3. Acceptance of one another & encouragement to spiritual growth in our congregation;
4. A free and responsible search for truth & meaning;
5. The right of conscience & the use of the democratic process within our congregation & in society at large;
6. The goal of world community with peace, liberty, & justice for all;
7. Respect for the interdependent web of all existence of which we are a part



Sunday Service: 10:30 AM

Child Care Available

5621 Montemalaga Drive, Rancho Palos Verdes, CA 90275

PUC office hours

Sunday	9:30 am - 1:30 pm (the office will be closed during the service from 10:30-11:30)
Monday	closed
Tuesday	10:00 am - 3:00 pm (closed for Veteran's Day)
Wednesday	10:00 am - 3:00 pm
Thursday	10:00 am - 3:00 pm
Friday	12:30 pm - 3:00 pm
Saturday	closed

[Click here for Directions](#)

Contact Us:

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[admin@PacificUnitarian.org](mailto:admin@PacificUnitarian.org) [www.pacif](http://www.pacif)



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