

* Please send all VIEW submissions to Newsletter@pacificunitarian.org by Wednesday Noon.

* Please send requests for a Sunday announcement to: Clay Bosler claytonbosler@mac.com



July 10, 2014

Deadline: Each Wednesday at noon

Hi {FIRST_NAME|PUCer},
 ...and welcome to *THE VIEW* from PUC...we try to warm your soUUls with the light of trUuth - Check it out!! All the PUC news that fits in print is right here in *THE VIEW* -- REEEEEAAADD AAAALLL AAAABBOUUUT IT.

July's Monthly Theme:
LIBERAL THEOLOGY

This Sunday

July 13

10:30 AM Service

Resident Liberal Theologians

Kim Gosney

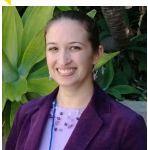
As a part of the monthly series on liberal theology, you will be equipped to further your role as resident theologian in your culture and relationships, and reflect on your ability to articulate UU religious commitment in order to respond to the religious questions of the people in your world.

12:15 PM Bench Dedication

After Lunch on the Patio, we'll be dedicating a bench in the Permaculture Garden to **Nancy Hofland** for her work on the Green Sanctuary Committee."

Reverend John is away until July 17

If you are in need of Pastoral Care during that time, please contact **Krista Weber, Intern Minister:**
InternMin@pacificunitarian.org or let the [PUC Office](#) know.



Krista's Korner

"Everyone is a theologian, either conscious or unconscious, in the sense that everyone has some conception of the nature of reality, of the demands of reality, and of those elements in reality that support or threaten meaningful existence."

—**James Luther Adams**

We're well into July now, our month for reflecting on Liberal Theology, and summer is truly upon us. Looking for ways to slow down and enjoy the long, hot days, many of us are traveling, myself included. As I prepare to head to Meadville Lombard Theological School for a week-long class on Ministry as Improvisation, I'm struck with how the rich experiences of summer lives and travels can be used to deepen our theological reflections.

Anthony Robbins said, "Theological reflection is a way to align what we believe with who we are. Such reflection helps a congregation preach what it practices, and practice what it preaches."

The Week At a Glance

Thursday, July 10, 2014

7 PM Social Justice Ministry - CR1

7:30 PM [Environmental Priorities Network \(EPN\)](#) - L

Whenever we have new experiences and/or learn about the experiences of others, we have the amazing gift of reason to help us realign our beliefs and actions with our ever widening and evolving understanding of reality.

Whether your travels this summer take you across the ocean or just across town, I invite you take a few extra minutes to reflect on how your experiences shape how you view the world. No matter how you have conceived of God in the past, consider the who/what/where/when/how of God in your life now. How do those beliefs shape what you do and how you relate to others? What do they tell you about being in community? Do some of them need to be adjusted in light of new experiences? These are some of the questions we work with on our own and in community when exploring our Liberal Theology.

Enjoy your summer travels, reflect deeply, and share your insights!

In Faith and Love,

—**Krista Weber**, PUC's Intern Minister

Religious Education Matters

Family Religious Education Ministry

JULY CALENDAR

Please note: For the duration of the summer, children age six and below will have free play in our childcare room, while the rest of the children and youth will be together for the project or activity of the day.

"Summer is an exciting time of renewal, community, and planning for our future work together. Summer is also a time of beginnings.

I am honored and enthused to begin my work with our PUC congregation and community.

"As I meet each of you I am reminded of the incredible way a congregation resembles a beautiful mosaic, with each member contributing unique talents and perspectives. If you have never been a part of our Religious Education Ministry now is a great time to begin to share your gifts with your PUC community."

—**Andrew Ponder Williams**,
Director of Religious Education
RE@pacificunitarian.org

7/13: Fitness for Kids w/ **Kristen DeLeo**

7/19: Family Religious Education Ministry All-Day Retreat

7/20: (TBA): **Michele Bethune**

7/27: Environmental Care w/ **Naresh Deo**



Please [CLICK HERE](#) to request to be added to the Family R.E. Facebook Group.

Friday, July 11, 2014

7 PM [Summer Friday Nights @ the Beach!](#) - Redondo Beach @ Ave H

Saturday, July 12, 2014

9 AM [Blue Sky Mindfulness Training For Adults](#) - CR1
10 AM French Conversation Grp - V [2nd & 4th Saturdays]

5 PM Hawaiian Luau (Kissner) - O [TS]

5:30 PM PUC FUUn & Games Night - CR 1 & 2

Sunday, July 13, 2014

10 AM Childcare - CR3
10:30 AM Sunday Services-H
12:15 PM [Bench Dedication:](#) Nancy Hofland Garden Bench in Hofland Permaculture Garden

Monday, July 14, 2014

5 PM [Kundalini Yoga & Meditation Class](#) - H

Tuesday, July 15, 2014

10 AM [PUC Buddhist Meditation Group](#) - V

Wednesday, July 16, 2014

11:30 AM [Beginning Yoga](#) w/ Debi

Thursday, July 17, 2014

Alice Mails View

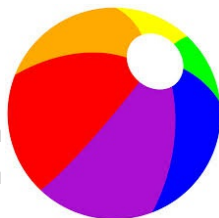
10 AM Tai Chi [Beck] - H
11 AM Seniors Pow Wow to Share How - L
2:15 PM Staff Meeting - L
4 PM Worship Team Mtg - L
7 PM Facilities Committee Mtg - O
7 PM Family R.E. Ministry Mtg. - O

Sunday's Flowers were graciously provided by **Janet Steinberg**

Summer Friday Nights @ the Beach

ALL SUMMER LONG!!

Bring the whole family this summer as we play in the sand and take time out to watch the sunset with reverence together.



Pack a picnic or get together for a late dinner and drinks afterwards at a local establishment.

Look for the beach balls! Every Friday night at **7 PM on Redondo Beach at Avenue H.**

PUC's Monthly 2nd Saturday Game Night Is THIS Saturday, July 12!

Come one, come all to the PUC Monthly Game Night THIS Saturday evening! It is held in Classrooms 1 & 2 from 5:30 -10 PM. As always, the event is for all ages (no unaccompanied children under 10 as we won't have dedicated supervision). Bring your favorite games to play and snacks to eat! Or grab your chance to try out some new games. Contact **Laura MacMorran** for questions/offers to help.

NEW PUC's Women's Empowerment Group Starts

Come join us in the PUC Library at 3 PM on **Wednesday, July 16**, for a new group designed to empower and support women spiritually, emotionally, & intellectually. Light refreshments will be provided.

Questions? Contact **Val Richards**.

New Minister's Class: **VIEWS OF THE AFTERLIFE**

4 SUNDAYS: AUG 3, 10, 17, 24

12:30 - 1:30 PM in CLASSROOM 1

Fee: \$5 per session, \$20 for series

This lecture and discussion covers the various major views of what happens to us after we die, from existentialism, to reincarnation, to everlasting bliss. **Rev. John** will share his extensive knowledge of world religions as a basis for this exploration.



Upcoming Food FUUn(d)raisers:

7/29 - Elephant Bar

8/20 - Macaroni Grill

Picnic "Dinner w/ UU's " on August 2!

Please sign up for your turn to bring **Sunday's Flowers** on the Flower Calendar (and see your message here!) - inside the door of the PUC Office.

Open Dates:

July 27; August 24



PASTORAL CARE NEWS:

The Celebration of Life for longtime

PUC Member

Lenore Snodey,

who left this

mortal coil on Sunday night, June 29, will take place at 10:30 AM,

Saturday, July 26 @ PUC.



We announce with great sadness the passing of PUC

charter member **Georgia**

Ferderber earlier today. Her

daughter Julie reported: "She had gone to an event with family on Saturday, enjoyed herself and had berries and ice cream. Later that day, she had a stroke and became unconscious. She went into hospice care and passed away quickly as she had wanted."

Please keep Julie, her brother Larry, and their whole family in the light of Love.



July's Monthly Theme: LIBERAL THEOLOGY

Why do we have Monthly Themes?

[Touchstones Journal: July 2014 - Liberal Theology](#)

7/20: Many Names, One Spirit

Rev. John Morehouse

Rev. John presents the primary theological structure of our Liberal

Our next "Dinners w/ UU's" potluck fiesta takes place in *Rachel & Alma Bruhnke's* own community garden at their San Pedro home at 6:30 PM, **Saturday, August 2.**

It'll good to be together. This is bound to be one of the highlights of the summer - not only to be together, but also to experience Rachel's glorious garden.

The event will be outdoors, so bring a jacket and wear "sensible" shoes. Kids/families are welcome!! If you'd like to join in on the fun, please RSVP to *Betty Saunders* betty90502@earthlink.net or sign up at the Welcome Table on Sunday !



THE SPIRITUAL BRAIN with *Rev. John*

4 WEDNESDAYS: AUG 6, 13, 20, 27

12:30 - 1:30 PM in CLASSROOM 1

Fee: \$5 per session, \$20 for series

Learn how religion and science intersect. Neuroscience now understands a great deal about how the brain works during a variety of spiritual experiences. This lecture and discussion will provide up-to-date scientific information and guidance about how to live with our spiritual brain.

2 Yoga Classes for YoUU @ PUC:



Gentle Yoga Class for All

Wednesdays, 11 AM -12:15 PM in the Hall

A Class designed for all levels, shapes, and ages.

We will focus on a gentle practice through

movement:

- To help unblock your flow of energy
- Increase your mental and physical flexibility while releasing stress and enhancing body awareness
- Poses and exercises to build strength, relieve pain and stress, and improve balance

Suggested Donation: \$12/class. Taught by Debi Robinson, RYT 200

Contact Debi with any questions: Debi@omhappy.com

Monday Yoga & Meditation Basics Class

Led by: Aimée Donahue, Yoga Instructor and Therapist

Get centered for Summer with a healthy practice for your mind, body, & spirit!

Join us in the Hall on **Mondays from 5 - 6:30PM** for Kundalini

Theology. How do we reconcile the plurality of spiritual experience with our need to create meaning? Join us as we explore together.

7/27: Are We a Liberal Religion or a Religion of Liberals?

Rev. John Morehouse

Rev. John takes up this vital question in the auction sermon won by John Einhorn and Lora Childers. Rev. John's answer may surprise you.



2nd Sunday Hospitality

Special Thanks to All of YoUU who help!

Ushers:

Kevin Gallagher & Alana Garrigues

Welcome Table:

Lora Childers & Melissa Garcia

Greeters:

Peggy Tigerman & Jean Tordella



Recurring Events

Sundays

YRUU High School Group, weekly, 10:30 AM, L
Half a Century Marrieds Group, 5th Sun, 12 PM, Fu Yuan Low Restaurant - Next: **Sun, June 29**
Books in Our Lives Covenant Group, 1st & 3rd, 7 PM, L

Mondays

Women's Reading & Responding Grp, 3rd, 11 AM, L
[Kundalini Yoga w/ Aimee](#), 5 PM, H
Board of Trustees, 1st & 3rd, 7 PM, L
Environmental Covenant Group,

yoga, a physical, mental, and spiritual discipline for developing strength, flexibility, consciousness, and character.

Join us as we move with relaxing music to calm the mind while keeping the body healthy and youthful. Tap into your body's innate inner healing power!

Regular Series (10 sessions) \$170 | Walk-In \$20 per session.

[REGISTER HERE:](#) Find out more at www.yogawithaimee.com.

Around Our District and Beyond...



A UU Said That?

"To commit to creating a prophetic congregation today is to grapple with what it means to take responsibility for cocreating the holy right here on earth."

—**Meg Riley** (*Unitarian Universalist, clergy, activist*)

From "Prophetic Congregations in the Twenty-First Century" A
People So Bold; ed. John Gibb Millspaugh.

[Click Here](#) for Videos Related to Unitarian Universalism



Sunday Service: 10:30 AM

Office Hrs: Sunday: 9 AM - 3 PM, Mon. - Thurs: 10 PM - 5 PM
5621 Montemalaga Drive , Rancho Palos Verdes, CA 90275

[Click here for Directions](#)

Contact Us:

Office: (310) 378-9449 Fax: (310) 378-1508

admin@PacificUnitarian.org www.pacificunitarian.org

1st, 7:15 PM, L

Tuesdays

[Buddhist Meditation Grp](#), weekly,
10 AM, V

Wednesdays

[Beginning Yoga](#) w/ Debi
Robinson, weekly, 11 AM

Thursdays

Tai Chi (Beck), Thurs, 10 AM, H
Seniors Pow Wow to Share How,
3rd, 11 AM, L
PUC Choir Practice, On Summer
Hiatus

[Environmental Priorities
Network](#), 2nd, 7:30 PM, L

Saturdays

French Conversation Grp,
2nd & 4th, 10 AM, V



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