

\* Please send all VIEW submissions to [Newsletter@pacificunitarian.org](mailto:Newsletter@pacificunitarian.org) by Wednesday Noon.

\* Please send requests for a Sunday announcement to: Gary Hart [garylhart@gmail.com](mailto:garylhart@gmail.com)



Pacific Unitarian Church  
A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning and Service

The View



February 20, 2014

Deadline: Each Wednesday at noon

Hi,

... and *THE VIEW* from PUC gives you the FEELING that there can be HEALING for you and me and all the rest of us here @ PUC and out there in the rest of the world around us -- REEEEEAAADD AAAALLL AAAABBBBOUUUT IT every week right here in *THE VIEW*.

### February's Monthly Theme: **PRAYER**

This Sunday

**February 23**

**10:30 AM Service**

**From Feeling to Healing**

**Rev. John Morehouse**

Part of the power of prayer lies in its healing words. What is it about feeling that helps us heal from our struggles and wounds? *Rev. John* guides us through the theology and psychology of emotional honesty.



### **A Message from your Board President: If Not God Then What?**

The universe is made up of stuff - really small stuff.

Once we thought it was aether, then we thought that atoms were the building blocks of the universe, and then we thought that protons and neutrons were the building blocks of atoms. Now we are seeing evidence that protons are made up of even smaller things called quarks. And I just read an article in *Scientific American* that talked about the probability of the electron being inside the proton (it's not zero). I'm guessing that we will be finding out soon that quarks are made up of even smaller bits. When will it all end?? Turns out that it all may just be a bunch of vibrating energy...

Taking another perspective, we once thought stars were holes in a big dome overhead, then we thought stars were mystical entities in the vastness of the sky, then we saw them as huge atomic fireballs, then as the tiny bits that make up galaxies, and then we did the math and realized that we can't see most of the universe, so we called it "dark-matter." We can't see it, but we know it's really heavy.

Since matter (i.e. quarks, protons, atoms, molecules, chemicals, stars, dark matter, etc.) cannot be created or destroyed, then where did all this "stuff" come from? Did God make the stuff? Important stuff for sure. For as Carl Sagan said, we are Star Stuff.

If there is no God, then what? Was the "stuff" always here? If there is a God, then was she always here? If one can believe that God was always here, then shouldn't it follow that one could believe that the "stuff" was always here? It makes my mind hurt!!!

It's thinking like this that makes me consider a simple thing called faith. Faith is believing in something you can't prove - like dark matter, or infinity (even though I do drive an Infiniti). I believe in

### **The Week At a Glance**

#### **Thursday, February 20, 2014**

4 PM Worship Team/Soulful  
Sundown Mtg - L

6:30 PM [PUC Choir Practice](#) - H

7 PM Facilities Committee Mtg -  
O

7 PM Family R.E. Ministry Mtg. -  
O

#### **Friday, February 21, 2014**

7:30 PM Temple Emet Shabbat  
Service - H

#### **Saturday, February 22, 2014**

9 AM Strategic Planning - O

10 AM French Conversation Grp  
- V [2nd & 4th Saturdays]

11 AM Parking Lot T. Force - PL

things that I cannot prove – like love, magnetism, the space-time continuum, and many others. However, I do not believe in God – at least the one with the capital “G.”

What I do believe is that there is a reality beyond what we can ever understand. It's human nature to struggle to gain that understanding, but I think some more evolving needs to happen before we'll ever get there. After all, we humans have only been around for a couple hundred thousand years.

So why worry about all of this. Why not just live in the present and take it as it comes. Perhaps the Universe always was and always will be. No particular belief system explains it any better than any other. It's all faith. Here at PUC we have lots of different “faiths,” and we all work together to make our quarks resonate in harmony. I thank you all for that!

And as always - Shalom, **Salaam, Namaste, Amen, Blessed Be, Bzzzzzz... and thanks for keeping the faith!**

—Gary Hart

President, PUC Board of Trustees

### Religious Education Matters

#### Family Religious Education Ministry FEBRUARY CALENDAR

#### 2/23: Regular day in RE

\*\*OWL 7-9 YoUUth meet @ 12:30 PM in Voyager's Room

—Rev. Tamara

[AssocMinister@pacificunitarian.org](mailto:AssocMinister@pacificunitarian.org)



Please [CLICK HERE](#) to request to be added to the R.E. Family Facebook Group.

### Join Great March for Climate Action on March 1

You have a chance to be a part of history -- help kick off the Great March for Climate Action at the nearby Port of Los Angeles.

Thousands will rally to demand ACTION on Climate Change on

**Saturday, March 1!** Students, environmentalists, community members and leaders, and families will rally and march together! You DON'T want to miss it!

[Please CLICK HERE see the flyer.](#)

### PUC Buddhist Meditation Group: Meets Tuesdays @ PUC

We had our first Meditation Group sitting this Tuesday to a small but blissful group. Group sittings are now **every Tuesday** from 9:30-10:30 AM and open to all PUC Members, Friends, and Visitors. There are plenty of seats available, but those who wish to use a cushion or pad will need to bring their own.



While called a "Buddhist" meditation group, this is mainly to avoid confusion with styles used in other traditions, e.g., TM, Hindu, etc. Brad Shreve and John Hocutt are acting as peer-leaders and while happy to share their knowledge and experience, neither is a formal teacher.

### **Sunday, February 23, 2014**

- 10 AM Childcare - CR3
- 10:30 AM Sunday Services-H
- 11:45 AM PUC YoUUth Choir Rehearsal - H
- 12 PM 2nd Service Task Force - CR2
- 12:15 PM “Spirit in Practice: Buddhism & Soul?” w/ Rev. John - CR1
- 12:15 PM Intern Minister Committee - L
- 12:30 PM OWL 7-9 - V
- 4 PM [“Hands-On” Cooking Workshop: 'Homemade Pasta'](#) - K

### **Monday, February 24, 2014**

- 11 AM Facilities Rental Task Force - L, V
- 5 PM [Kundalini Yoga & Meditation Class](#) - H
- 6 PM R.E. Professional Search Cmte - O [Childers/Einhorn]
- 7 PM Men's Ministry -HIATUS

### **Tuesday, February 25, 2014**

- 9:30 AM PUC Buddhist Meditation Group - V
- 2:15 PM Staff Meeting - L
- 7 PM Program Council - L

### **Wednesday, February 26, 2014**

- 11 AM [The Roots of Religion](#) Class w/ Rev. John - CR1
- 11 AM [Beginning Yoga](#) w/ Debi
- 7:30 PM [Introduction to Buddhism](#) Class w/ Rev. John - CR1
- 7 PM Journey To Membership A - CR1

### **Thursday, February 27, 2014**

- 10 AM Women's Circle - L
- 6:30 PM [PUC Choir Practice](#) - H

*Sunday's Flowers are "for my beloved daughter, Thea."*

—Kim Gosney

Please contact the [PUC Office](#) to reserve your date!

**Next open dates:**

**Most 2014 dates are OPEN**

If you would like to learn more about Buddhist meditation and have questions, either Brad or John would be happy to meet with you 20 – 30 minutes before the group begins.

Questions? Contact Brad: [bdshreve\(at\)outlook.com](mailto:bdshreve@outlook.com) OR John: [jhocutt.ChE81\(at\)GTalumni.org](mailto:jhocutt.ChE81@GTalumni.org).

## **PUC's Auction FUUn(d)raiser Goes AI Fresco: SUNDAY, APRIL 6 on the Patio!**

**- DONATE!**

**- BID!**

**- BRING A FRIEND!**

Every year PUC members and the local community donate item(s) to PUC's Annual Silent Auction. What can YOU bring to the table? An auction item, experience, talent, or treasure? Do you have a secret talent that you might donate? Frequent any restaurants that you might approach for a gift certificate? The ideas are endless, the value unlimited! Who could you invite to join you to come to Church that day for a lot of fun? Rev. John promises a fun and lively sermon to heighten the energy of this event!

**Items Already Offered -- we need more items like these:**

- Persian, Indian, Italian, & Chinese meals home-cooked or hosted at restaurants.
- Gift certificates/cards from local businesses, i.e., restaurants you frequent (*Bluewater Grill* has already provided 2!).
- Any items that you or someone you know would purchase anyway - practical items such as grocery gift cards, child care, or similar.
- *Items that YOU can offer yourself:* Handyman Services, Computer Consulting/Tutoring, & Gardening/Landscaping by your Newsletter Editor himself!!
- *Rev. John* has offered to write a sermon on the winning bidder's topic of choice; *Severin* will arrange a musical piece for the PUC Choir to perform at a Service.
- Unwanted gift cards left over from the holidays.
- **Solicit others or take out an ad for your business, or just for fUUn, in the Auction Catalog.** Contact [Kevin](#) or [London](#) Gallagher to arrange a business card-sized ad or larger.
- You and your friends on **Sunday, April 6** to bid and play!

This year, our deadline for donations to be included in the Silent Auction Catalog is **Feb. 23!**

In order to continue to run a thriving Church EVERY donation and every dollar raised through this Silent Auction is important. This is a powerful way to fundraise for your church while bringing consumer happiness to other deal-seeking supporters of our mission.

The **AI Fresco Auction** will be held on **SUNDAY, APRIL 6**. Tables will open for bidding at 9:30 AM and run after the Sunday Service until we close.

To help make party a success, we also need volunteers! Please contact **Barbara Paulsen** to get involved.

## **Last Friday Monthly Ballroom Dancing @ PUC Starts Feb. 28!**

*Ronald and Mary Keyes -- in Cooperation with PUC -- Invite You to*



**Wednesday, 4/2:** A tour of Theodore Payne Foundation for Wild Flowers & Native Plants. Contact **Betty Saunders**.

**Sunday, 4/6: PUC's  
Service/Silent & Live Auction.**

↔

**March's Monthly Theme:  
SURRENDER**

**3/2: Youth Sunday: Outlawing  
Jelly Beans and Other  
Injustices**

**PUC's Sr. & Jr. High YouUth**  
How do we respond to injustice? In this Service, based on the story "The Duke Who Outlawed Jelly Beans" by Johnny Valentine, a pompous and power-hungry duke is gently put in his place by the people in his kingdom. You'll see that when we use our shared power in the name of love, we can overcome almost any obstacle.  
▶ *Please bring LOTS of canned and dried goods which we'll collect for Harbor Interfaith Services as part of our Service, and our service!*

**3/9: Maybe You Should Drive  
Rev. John Morehouse**

As we continue to explore the theme of sacrifice, Rev. John explores why letting go is not only challenging but spiritually necessary. Please join us.

**3/16: TBA**

**Rev. Tamara Casanova Suzuki**

**3/23: Offering a Place at the  
Table**

**Rev. John Morehouse**

This will be a special service to kick off our annual pledge drive. Join us at 10.30 with a special breakfast in the Hall followed by



*Dance on the LAST FRIDAY of the Month!*  
**Beginning Friday, February 28, 2014**  
Ballroom Dancing from 6:30 - 10 PM with DJ Michelle  
All Are Welcome: **February 28, 2014 -- THE FIRST DANCE**  
Suggested Donation: \$7  
Help make this a success & come DANCE!!!  
Questions: Ronald Keyes 310.742.6022 [KeyesRon55@gmail.com](mailto:KeyesRon55@gmail.com).

### On Fire for the Choir

When Thursdays roll around and I finish my workday, I think, "I am way too exhausted to drive up to P.V. for Choir rehearsal." "Can't possibly - no way - out of the question." "Tired, tired, tired." Then I push myself out the door into Hawthorne Blvd. traffic.

At the close of rehearsals, I find myself whistling, humming, smiling, and generally energized as if I were Dick Van Dyke in *The Music Man*. Singing with the PUC Choir and Severin, the best Music Director ever, will improve and enhance your life. Maybe you should consider it too!

—Darcy Carroll

### **PASTORAL CARE NEWS:**



**Lori Geittmann** is recovering from the removal of part of one of her legs that was causing her great pain. She will need to have treatment and therapy before she will be able to leave the hospital. She is a warrior and we expect her to be able to get up and about soon. She is currently in Rm. #607a at Torrance Memorial Medical Center. Visitors are welcome.

**Shirley Mokren** will soon be moving to a skilled care facility in Santa Clarita close to family members. We wish her well in her new home.

A Celebration of Life for **Marian Jones** is pending. A date and time will be announced soon.\

If you are in need of Pastoral Care, please contact **Reverend John**.  
[pastoralcare@pacificunitarian.org](mailto:pastoralcare@pacificunitarian.org) or the [PUC Office](#).

### **Fourth Sunday Hospitality**

#### **Special Thanks to All of YOU who help!**

**TOP CHEF Margo Meikle** had a fabulous time working with Sous Chefs **Pam Harris, Chelsea Sites, Susan Warhol, and Lee Ann Hart** to bring us our 85<sup>th</sup> "BEST DEAL MEAL" on our patio after Sunday services. We INVITE you to join us in kitchen from 9:15 - 10:15 any Sunday to help prepare our lunch. Volunteers needed on a "drop in" basis.

Deserts--Top Chefs decided to ask you to consider bringing in desert to round out our lunch.

Thank you all for making this a success!

#### **Ushers:**

Scott Garrabrant & Joanna Hannff

#### **Welcome Table:**

Rev. John preaching and our Stewardship Team presenting our vision for next year.

### **3/30: Anybody Got a Match?**

#### **Rev. John Morehouse**

Unitarians and Universalists were once martyred for their faith. What would we be persecuted for today? What would we sacrifice our lives for? Join us as Rev. John offers a few ideas worth burning about.

⇒



### **A UU Said That?**

"Every man is a volume if you know how to read him."

—[William Ellery Channing](#)

(Unitarian, clergy)

[Click Here for Videos Related to Unitarian Universalism](#)

⇒

### **Recurring Events**

Download the [AdUUIt Program & Religious Education Flyer](#).

#### **Sundays**

YRUU High School Group. 10:30 AM, L  
Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low Restaurant - Next Date: **Sunday, March 30**

Great Books Discussion Grp, 7 PM, 2nd Sun., L  
Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L

#### **Mondays**

Women's Reading & Responding Grp, 3rd Mon., 11 AM, L  
[Kundalini Yoga w/ Aimee](#) - All are welcome, Mon., 5 PM, H  
Men's Ministry, Mon., 7 PM, Hiatus  
Environmental Covenant Group, 1st Mon., 7:15 PM, L  
Soulful Sundown, 1st Mon., 7:30 PM, H

Val Richards & Kim Gosney  
(Contact [Lora Childers](#) if you'd like to help out...)

**Greeters:**  
Jean McDaniel & Shuja Oberoi

### Part-time Housing/RV Space Needed

Two longtime UUs (Mother & Daughter) – Seniors & professionals now commuting wkly to work in South Bay seek small private/separate living unit/rental/space - asap. Very flexible on type; could even do w/space to park our own self-contained Class C RV. (Some Rent \$\$ avlbl)  
Contact: [drstretch@juno.com](mailto:drstretch@juno.com) 310.310.0767 (Best to Txt or Voicemail)

[Submit your posting request](#)



### Permaculture Garden News

MARK YOUR CALENDARS for **April 2**: A tour of Theodore Payne Foundation for Wild Flowers & Native Plants (TPF), in Sun Valley CA organized by Betty Saunders. Focus is on the seed room, harvesting, storage, tools & techniques. After our bag lunch, the Big Picture, and a tour of demonstration gardens. We will car pool; \$95 fee will be split among attendees. Contact Carolyn (310.863.0712), Bryan or Betty.

In our Garden: Notice the arbor blanked by new Passion Fruit vines. This week Bryan and Claire delivered cool season harvest to Harbor Interfaith Shelter. Planned for June is the dedication of Nancy Hofland's Memorial bench.

### Pacific Unitarian Church A Unitarian Universalist Community

*Love Beyond Belief!*

5621 Montemalaga Drive, Rancho Palos Verdes, CA 90275

[Click here for Directions](#)



### Tuesdays

Buddhist Meditation Group,  
weekly, 9:30 AM, V  
Ways & Means Cmte, 2nd Tues., 7  
PM, L  
Program Council, 4th Tues., 7 PM,  
L

### Wednesdays

[Beginning Yoga](#) w/ Debi  
Robinson, Wed, 11 AM

### Thursdays

Women's Circle, 4th Thurs., 10 AM  
Tai Chi (Beck), Thurs, 10 AM, H  
Seniors Pow Wow to Share How,  
3rd Thurs., 11 AM, L  
[PUC Choir Practice](#): Thurs., 6:30  
PM, H  
Environmental Priorities Network  
Mtg, 2nd Thurs., 7:30 PM, L

### Fridays

GBLQ Movie, 2nd Fri., Even #  
months, 7 PM, L

### Saturdays

French Conversation Grp, 2nd &  
4th Sat., 10 AM, V

### Sunday Service: 10:30 AM

Office Hrs: Sunday: 9 AM - 3 PM,  
Mon. - Thurs: 11 PM - 5 PM

Office: (310) 378-9449

Fax: (310) 378-1508

[admin@PacificUnitarian.org](mailto:admin@PacificUnitarian.org)

[www.pacificunitarian.org](http://www.pacificunitarian.org)