

* Please send all VIEW submissions to Newsletter@pacificunitarian.org by Wednesday Noon.

* Please send requests for a Sunday announcement to: Gary Hart [garyhart@gmail.com](mailto:garylhart@gmail.com)



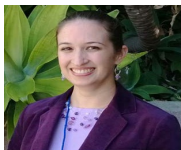
Hi {FIRST_NAME|PUCer},
 ...and *THE VIEW* from PUC is chock full o' the *SPIRIT OF LIFE* that informs, illuminates, and inspires so much of what we do here @ PUC and out in the world. It's all here in *THE VIEW*...
 REEEEEAAADD AALLL ABOUUUT IT!

February's Monthly Theme:
PRAYER

This Sunday
February 2

10:30 AM Service
Spirit of Life, Come to Me
Rev. John Morehouse

In the last of a three part series reflecting on the hymn "Spirit of Life," *Rev. John* considers what the Spirit of Life means to us and how we might grow from that meaning.



Krista's Corner

"God, give us grace to accept with serenity the things that cannot be changed, courage to change the things that should be changed, and the wisdom to distinguish the one from the other."

During our *Soulful Sundown Service* at the beginning of January, we used the words of Reinhold Niebuhr's Serenity Prayer above as our grounding for an exploration of Grace. Now, as we approach the beginning of February and move our focus from Grace to Prayer, I'm struck by the ways these two themes overlap. As we've heard over the past month, Grace is often in an unbidden, unanticipated event or gift that pulls us into the present moment and opens us to insight. It also evokes a sense of connection to something beyond ourselves. Prayer too is a way in which we connect with the now and the whole, but it is an intentional practice.

Kathleen Norris says, "Prayer is not asking for what you think you want, but asking to be changed in ways you can't imagine." I love how her statement connects the changes that are brought about through the active element of prayer with the more mysterious presence of grace. She also touches on the element of surrendering to the unknown, the great mystery of creation unfolding, sometimes called God, which is so central to both of these themes.

There are ways of defining prayer as well that we will explore together throughout this next month. As we do, I hope you'll continue

The Week At a Glance

Thursday, January 30, 2014

10 AM Tai Chi [Beck] - H
 6:30 PM [PUC Choir Practice](#) - H

Friday, January 31, 2014

7:30 PM Temple Emet Shabbat
 Service - H

Sunday, February 2, 2014

10 AM Childcare - CR3
 10:30 AM Sunday Services-H
 11:45 AM PUC YoUUth Choir
 Rehearsal - CR2
 12 PM Acting Associate Minister
 Committee on Ministry - V
 12 PM Visitor Info Session - L
 12 PM 2nd Service Task Force -

to look for and welcome grace in your life. I'd also like to invite you to join us for PUC's *Soulful Sundown Service* at 7 PM, this **Monday, February 3**, as we creatively explore and engage in different methods of practicing prayer in a hands-on way.

—**Krista Weber**, Student Minister

Religious Education Matters

Family Religious Education Ministry FEBRUARY CALENDAR

2/2: New curricula in most Religious Education Groups begins!! We begin our winter/spring session today with our Hobbits (Kindergarten-grade 2) gaining spiritual and ethical tools to live out their UU values; Sojourners (grades 3-5) learning about self-awareness and our perceptions of others; Voyagers (grades 6-8) exploring their own UU identity; and our YRUU group (high school) participating in Leadership Development plus creating a Worship Service to share with the Congregation on March 2.

***Our Whole Lives (OWL 7-9) YoUUth meet at 12:30 PM in CR2*

2/9: BUUK Group for all ages (Hobbits through Voyagers) Meet in Classroom 1 after being sung out of the Worship Service for fun, learning, and an activity based on a popular book.

***Our Whole Lives (OWL 7-9) YoUUth meet @ 12:30 PM in CR2*

***Our Whole Lives (OWL 7-9) Parents meet @ 12:30-3:30 in CR1*

2/16: Regular day in RE

***No OWL today!!*

2/23: Regular day in RE

***OWL 7-9 YoUUth meet @ 12:30 PM*

—Rev. Tamara

AssocMinister@pacificunitarian.org



Please [CLICK HERE](#) to request to be added to the R.E. Family Facebook Group.

Where Is Our New Parking Lot?

Been wondering where our repaired parking lot is? As you may recall, repairing our parking lot is part of the Growth & Reinvestment Campaign. The GRC is a 3-year campaign designed to revitalize our

H

12:15 PM Spirit of Life w/ Rev. John - CR1

12:30 PM OWL 7-9 - CR2

5 PM Pagan Imbolc Celebration - H

Monday, February 3, 2014

11 AM Facilities Rental Task Force - L, V

5 PM [Kundalini Yoga & Meditation Class](#) – H

7 PM Men's Ministry -HIATUS

7:30 PM Soulful Sundown Service - H

Tuesday, February 4, 2014

2:15 PM Staff Meeting - L

Wednesday, February 5, 2014

11 AM [The Problem of Evil](#)” Class w/ Rev. John - CR1

11 AM [Beginning Yoga](#) w/ Debi

7:30 PM [Introduction to Buddhism](#)” Class w/ Rev. John - CR1

Thursday, February 6, 2014

6:30 PM [PUC Choir Practice](#) – H

Flowers for the Church

Sunday's Flowers are a gift from the Universe, since nobody signed up to bring them as of press time.

Please contact the [PUC Office](#) to reserve your date!

Next open dates:

Most 2014 dates are OPEN!



February's Monthly Theme: PRAYER

2/9: Think, Pray, Love
Rev. Tamara Casanova Suzuki

In the movie “Eat, Pray, Love” the main character went on a journey

aging campus and to drive membership growth. Projects within the GRC were prioritized by the Congregation and the parking lot was project #3. We have a Parking Lot Task Force that has looked at parking lot priorities & feasibility (such as more environmentally friendly materials), met with multiple contractors, and we have several bids.

We are very close to being able to put a vendor on contract to repair the parking lot. In the next couple of weeks, we will begin sending out the first installment of a monthly report on GRC progress. Everyone will be able to see exactly where we are and where we are going. If you have any questions, please contact *John Einhorn*, einchild1@verizon.net or 310-937-3134.

Submit Split-Plate Nominations for 2014

During 2013, PUC members supported many organizations through our split-plate collections during the Sunday Service - when the 50% of the Sunday Service offertory collection (not including pledge payments) is given to a non-profit organization, and 50% goes to PUC. We would like to receive member nominations for 2014. The nominated organization must have a 501(c)(3) status and its activities must be aligned with the UU Principles and Purposes.

If there is an organization you would like to nominate, please pick up a Split-Plate Nomination form from Mailbox #30 in the PUC Office and return it to either *Janet Kissner* or Church Administrator *Craig Block*.

GATHER THE SPIRIT

Wednesday Minister's Classes Continue

The Problem of Evil: How do we reconcile evil in our lives with religious understandings of a loving God? Rev. John will explore the various philosophical understandings of evil and the solutions to this deep problem.

11AM-12:15 PM, **Wednesdays, Feb. 5, 12** - Classroom 1

FEE: \$8 per session. *Each session is a stand-alone class, you may join at any time.*

[CLICK HERE to register online.](#)

[Or CLICK HERE to download Registration Form & Flyer](#)

Journey to Membership Classes Starting Up Soon

This 5-hour class is designed to explore the joys & responsibilities being a member of PUC, and is required for membership.

Offered 3 times yearly in 2 formats for 2014.

SELECT YOUR 2 SESSIONS IN 2014

2 Sundays: Noon - 3 PM MAR 16/23 MAY 4/18 OCT 26/NOV 2

-OR-

2 Wednesdays: 7-9:30 PM FEB 19/26 APR 23/30 OCT 22/29

of the soul. *Rev. Tamara* examines the meaning that prayer might hold in our lives as we travel our own journeys of the soul.

2/16: *How Prayer Works* Rev. John Morehouse

As part of exploration of prayer this month, *Rev. John* explores the power of prayer for all of us, regardless of our feelings about God.

2/23: *From Feeling to Healing*

Rev. John Morehouse

Part of the power of prayer lies in its healing words. What is it about feeling that helps us heal from our struggles and wounds? *Rev. John* guides us through the theology and psychology of emotional honesty.



First Sunday Hospitality

Special Thanks to All of YouUU who help!

Thanks to Top Chef *Naresh Deo* and Sous Chefs *Ann Sandburg*, *Linda Jensen*, *Deb Reynolds*, *Dean Curliss*, *Denise Shiozawa*, *Susan Warhol*, and *J.C. Chacon* for a fabulous Indian-themed lunch last Sunday. As they say in Hindi, "Dhan 'yavada!" This Sunday's Top Chef *Andy Kissner* will be serving his Grand Slam Bam Breakfast Brunch.

Thanks for your support!



Ushers:

Carlos Angeles & Elizabeth Drake

Welcome Table:

XXXXXXXXXXXX

Greeters:

Pick up a registration form in the PUC Office, or you can enroll online with this [google doc](#) if you have a gmail acct. Contact [Kim Gosney](#) with any questions.



Saturday, 2/15: PUC's Annual Black & White Party!

Sunday, 4/6: PUC's Service/Silent & Live Auction. Contact *Barbara Paulsen* if you'd like to help!!

Join Us for Monthly PUC Saturday Game Nights!

Come one and all to the PUC Monthly Game Night! After a few test sessions, we've got the green light and have dates for the next 4 months, so you can mark your calendars for: **Saturdays, Feb 8, Mar 8, Apr 12, & May 10.**

Reminder: this is a *Saturday* night event *not* Friday (sorry for the confusion in Dec) and will be held from 5:30 - 10 PM in *either* Classroom 1 & 2, *or* in the Hall . As always, the event is for all ages (no unaccompanied children under 10 as we won't have dedicated supervision) and bring your favorite games to play or grab your chance to try out a slew of new games.

Contact [Chelsea Sites](#) or [Randy Ripley](#) to learn more information.

Around Our District and Beyond...



A UU Said That?

"If you find it hard to do your duty, try to do more, not less. Adopt a higher standard, go up to a higher ground. Then you have more motive, pure air, better inspiration."

—[James Freeman Clarke](#)
(Unitarian, clergy, reformer)
From [Go Up Higher](#) (1877) p.6

[Click Here](#) for Videos Related to Unitarian Universalism

Pacific Unitarian Church

A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning, and Service

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Office: (310) 378-9449

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[Click here for Directions](#)

Greeters.

2 OPEN POSITIONS Please contact [Jean Tordella](#) if you'd like to make sure everyone is warmly welcomed when they arrive on Sunday!



Recurring Events

Download the [AdUUIt Program & Religious Education Flyer.](#)

Sundays

YRUU High School Group. 10:30 AM, L

Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low

Restaurant - Next Date: **Sunday, March 30**

Great Books Discussion Grp, 7 PM, 2nd Sun., L

Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L

Mondays

Women's Reading & Responding Grp, 3rd Mon., 11 AM, L

[Kundalini Yoga w/ Aimee](#) - All are welcome, Mon., 5 PM, H

Men's Ministry, Mon., 7 PM, Hiatus

Environmental Covenant Group,

1st Mon., 7:15 PM, L

Soulful Sundown, 1st Mon., 7:30

PM, H

Tuesdays

Ways & Means Cmte, 2nd Tues., 7 PM, L

Program Council, 4th Tues., 7 PM, L

Wednesdays

[Beginning Yoga](#) w/ Debi Robinson, Wed, 11 AM

Thursdays

Women's Circle, 4th Thurs., 10 AM

Tai Chi (Beck), Thurs, 10 AM, H

Seniors Pow Wow to Share How,

3rd Thurs 11 AM, L

Sunday Service: 10:30 AM

Office Hrs: Sunday: 9 AM - 3 PM, Mon. - Thurs: 11 PM - 5 PM

admin@PacificUnitarian.org www.pacificunitarian.org

3rd Thurs., 11 AM, L
PUC Choir Practice: Thurs., 6:30 PM, H

Environmental Priorities Network
Mtg, 2nd Thurs., 7:30 PM, L

Fridays

GBLTV Movie, 2nd Fri., Even #
months, 7 PM, L

Saturdays

French Conversation Grp, 2nd &
4th Sat., 10 AM, V



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