

* Please send all VIEW submissions to Newsletter@pacificunitarian.org by Wednesday Noon.

* Please send requests for a Sunday announcement to: Gary Hart garylhart@gmail.com



Pacific Unitarian Church
A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning and Service

The View



January 16, 2014

Deadline: Each Wednesday at noon

Hi,

...and *THE VIEW* from PUC is has it's ROOTS in the 60's, when PUC's BOOTS were made for kicking BUUtY. It's all here in *THE VIEW*... REEEEEAAADD AALLL ABOOUUUT IT!



A Message from your Board President: *Whose Beliefs Are They Anyway?*

What do folks believe here at PUC?

Some believe that Jesus walked on water. And in keeping with the water theme, some say Noah built an ark – too bad the unicorns didn't make the sailing date. I've heard some folks talking about Buddha's great tree, but he probably wasn't really attached to it anyway. And then there are those Tablets that were written by He Himself! We probably could have used a few more of those commandments, given the state of the world today.

I have had long conversations with some who truly believe that karma lasts forever. Good luck is earned while bad luck is really not better than no luck at all. Some believe we have souls, and those souls keep coming back, and you just might have been one of Sir Lancelot's lovers in a past life. Some here at PUC light candles for eight nights commemorating the rededication of the Temple in 165 BC after its desecration by the Syrians. And some of us follow the twelve signs of the Zodiac, coming back full circle to the fact that Jesus was, indeed, a Capricorn...

I know that some here at PUC think that heaven is waiting for us, and we need to live a life worthy of making it through those Pearly Gates to meet up with that great dog we had when we were 13. But others of us think that it's the time we spend on Earth that is important. While some see a world full of sin, others see a magnificent world with miracles all around us to be worshipped.

This is all good. We accept and honor many beliefs at PUC. But we had better never lose sight of one significant fact - you and I, we have the power to make a difference. It's up to us to work for peace. There is so much we can achieve if we quit talking about it and just do it.

And that is what I believe.

January's Monthly Theme: Grace

This Sunday

January 19

10:30 AM Service

Roots Hold Me Close

Rev. John Morehouse

What grounds us in our world?

Rev. John explores the power of our roots.

The Week At a Glance

span style="font-family: arial, helvetica, sans-serif;">>**Thursday, January 16, 2014**

10 AM Tai Chi [Beck] - H

11 AM Seniors Pow Wow to Share How - L

4:30 PM Worship Team/Soulful Sundown Mtg - V

6:30 PM [PUC Choir Practice](#) – H

7 PM Family R.E. Ministry Mtg. - O

7 PM Facilities Committee Mtg – O

Friday, January 17, 2014

7:30 PM Temple Emet Shabbat Service – H

Saturday, January 18, 2014

9 AM PUC Board Retreat - CR1

Sunday, January 19, 2014

Waiting for a savior or Allah or karma or the Great Earth Mother to fix our problems is a long-term bet that I'm not willing to take. So, it's the New Year. Let's make it a year of action. If we start that 1,000-mile journey with just one step, we will make a difference. Join me. It's up to us.

And as always - **Shalom, Salaam, Namaste, Amen, Blessed Be, Hoorah... and thanks for all you are about to do!**

—**Gary Hart**
President, PUC Board of Trustees

Religious Education Matters

It is said that the only constant in life is change ([see above!](#)). In our Religious Education Ministry with Youth and Children, we are currently exploring the topics of change and loss using an excellent, age-appropriate curriculum called *Lessons of Loss*. Our children and youth live in a world filled with losses both small and large. As much as we might wish we could protect them from these losses, it is beyond our control. But we can offer them the gift of community, a chance for them to share their thoughts and fears within a context of compassion and understanding. *Lessons of Loss* is about process, not ideology. It offers age-appropriate lessons and activities that allow participants to develop a language of loss, gain a better understanding of death and grieving, develop skills, incorporate UU values, and explore how loss often offers opportunities for growth.

Family Religious Education Ministry JANUARY CALENDAR

1/19: Lessons of Loss Wk 3: Final week of January Intersession.

1/24-25: OWL 7-9 Overnight

1/26: Spiritual Practices Workshop Sunday for Hobbits through YRUUs. This provides our children and youth with the opportunity to experience various spiritual practices as a way of increasing their spiritual "literacy." **Children and youth begin in the worship Service as usual today. Our Spiritual Practices Workshop will begin after they are "sung out" of Service.**

—Rev. Tamara
AssocMinister@pacificunitarian.org



Please [CLICK HERE](#) to request to be added to the R.E. Family Facebook Group.

GATHER THE SPIRIT

Wednesday Minister's Classes Resume January 22

The Problem of Evil: How do we reconcile evil in our lives with religious understandings of a loving God? Rev. John will explore the various philosophical understandings of evil and the solutions to this deep problem.

11AM-12:15 PM, **Wednesdays, Jan. 22, 29; Feb. 5, 12** - Classroom

1

10:30 AM Sunday Services-H
11:45 AM PUC YouUth Choir
Rehearsal - CR2
12:15 PM Spirit of Life w/ Rev.
John - CR1
12:30 PM DRE Search
Committee Mtg - L
3 PM SB Chamber Music Society
Concert - H [Los Angeles Piano
Trio]

Monday, January 20, 2014

**Martin Luther King, Jr. Day -
Office Closed**

11 AM Reading & Responding
Women's Book Club- L
11 AM Facilities Rental Task
Force - V
5 PM [Kundalini Yoga & Meditation
Class](#) - H
7 PM Men's Ministry - Hiatus

Tuesday, January 21, 2014

1 PM Pastoral Care Associates
Mtg - V
2:15 PM Staff Meeting - L
2:30 PM Practicing UU Cvnt Gr -V
7 PM Board Meeting - L

Wednesday, January 22, 2014

11 AM The ["Problem of Evil"](#) w/
Rev. John - CR1
11 AM Beginning Yoga w/ Debi
7:30 PM Introduction to Buddhism
- CR1

Thursday, January 23, 2014

10 AM Women's Circle - L
10 AM Tai Chi [Beck] - H
4 PM Worship Team/Soulful
Sundown Mtg - V
6:30 PM [PUC Choir Practice](#) - H
8 PM Environmental Coffee
Clatch - Catalina Coffee Co.
Redondo Bch

Flowers for the Church

*Sunday's Flowers "are in hopes
that y'all will sign up on the empty
Flower Calendar to bring flowers
for the rest of this year's
Sundays."*

—**Craig Block**

Please contact the [PUC Office](#)

FEE: \$8 per session. Each session is a stand-alone class, you may join at any time. [CLICK HERE to register online.](#)
Or [CLICK HERE to download Registration Form & Flyer](#)

Kirtan - Indian Devotional Music @ PUC Jan 25

You're all invited to experience an uplifting journey of sound at an evening of Kirtan, 7:30 PM, **Saturday, January 25** at Create Meaning—South Bay LA, the new center for spiritual renewal at PUC. The event is free and open to the public. Suggested donation is \$10 per person. Contact: Kim Gosney (310) 504-4919
kim@createmeaning.org.

Hospitality Ministry Seeks Washer/Dryer for PUC

The Facilities Committee is seeking a working used washer/gas dryer for the Church. This is to keep up with our thriving Hospitality Ministry's Sunday lunches and other events for which we use tablecloths, towels, etc. Please contact *Vivien Hao*,
prvivien@gmail.com. Thank you.

Interested in Buddhism? Interested in Meditation?



Interested in forming a meditation group here at PUC? So are we!
If you'd care to join us, please contact either *John Hocutt* or *Brad Shreve*. You can reach Brad at 310.344.8450 or via [email](#). John can be reached at 310.666.9431 or [email](#).

Journey to Membership Classes Begin

This 5-hour class is designed to explore the joys & responsibilities being a member of PUC, and is required for membership.

Offered 3 times yearly in 2 formats for 2014.

SELECT YOUR 2 SESSIONS IN 2014

2 Sundays: Noon - 3 PM *MAR 16/23* *MAY 4/18* *OCT 26/NOV 2*
-OR-

2 Wednesdays: 7-9:30 PM *FEB 19/26* *APR 23/30* *OCT 22/29*

Pick up a registration form in the PUC Office, or you can enroll online with this [google doc](#) if you have a gmail acct. Contact [Kim Gosney](#) with any questions.

Join Us for Monthly PUC Saturday Game Nights!

Come one and all to the PUC Monthly Game Night! After a few test sessions, we've got the green light and have dates for the next 4 months, so you can mark your calendars for: **Feb 8, Mar 8, Apr 12, & May 10.**

Reminder: this is a *Saturday* night event *not* Friday (sorry for the confusion in Dec) and will be held from 5:30 - 10 PM in either Classroom 1 & 2, or in the Hall. As always, the event is for all ages (no unaccompanied children under 10 as we won't have dedicated supervision) and bring your favorite games to play or grab your chance to try out a slew of new games.

Contact [Chelsea Sites](#) or [Randy Ripley](#) to learn more information.

to reserve your date!

Next open dates:


Almost all 2014 dates are OPEN!



Saturday, 2/15: PUC's Annual Black & White Party!

Sunday, 4/6: PUC's Service/Silent Auction. Contact *Barbara Paulsen* if you'd like to help!!



PASTORAL CARE NEWS:
 Former PUCer Elizabeth (Liz) Ellenberger has entered hospice care in Ventura. Please keep Liz and husband Ken in the light during this very difficult time. Ken would appreciate cards/letters sent to their home :
53 Lilac Way
Ventura, CA 93004
805.659.1253

If you are in need of Pastoral Care, please contact **Reverend John**.
pastoralcare@pacificunitarian.org
or the [PUC Office](#).



January's Monthly Theme:
GRACE

1/26: Wings Set Me Free
Rev. John Morehouse

Grace also calls us to go beyond our horizons. Join us as *Rev. John* offers up some possibilities.



Second Sunday Hospitality
Special Thanks to All of You who help!



Beginning Yoga @ PUC / Instructor: Debi Robinson

10 WEDNESDAYS, 11 AM - 12:15 PM - STARTS JAN. 15 in Henriksen Hall

This is an accessible yoga class designed for people of all levels, shapes, and ages. We will focus on a gentle practice through movement to help unblock your flow of energy as well as increase your mental and physical flexibility while releasing stress, and enhancing body awareness. Poses and exercises will build strength, relieve pain and stress and improve balance.



Recommended: Wear comfortable, stretchy clothing, bring a yoga mat, towel, pillow, blanket, and a water bottle.

Regular Series - 10 vouchers: \$120 | Walk-In: \$15 per session.

Debi Robinson is certified in Restorative Yoga as well as her traditional yoga certification. She is known for her work with older adults, children, and teens. She completed Meditation and Ayurvedic study at the Chopra Center. Her knowledge of food and its effects on the body is invaluable in assisting people to improve their health.

SOUTHLAND INTERFAITH NEWS

"A Radical Friendship": Rabbi Abraham Joshua Heschel & Dr. Martin Luther King, Jr.

Sunday, January 19, 7:30 PM

Ed Asner and Jason George (Grey's Anatomy) will appear at the Norris Pavilion in Rolling Hills Estates for one night only in "A Radical Friendship," a play about the relationship between Rabbi Abraham Joshua Heschel and Rev. Martin Luther King. It will be a very special performance and only 350 seats are available. [CLICK HERE for flyer.](#) Call 310-544-0403, X 221, to buy tickets.

Friends of San Pedro Library Invite you to a showing of "G-Dog," An Inspiring Documentary about Gregory Boyle, S.J., and His Homies

2 PM, Sunday, January 26 @ The Grand Annex, [434 West 6th Street, San Pedro](#)

Freida Lee Mock, director, screenwriter, producer, & co-founder of the American Film Foundation, won the Academy Award for documentaries in 1995 for *Maya Lin: A Strong Clear Vision* - about the young creator of the Vietnam Wall.

She now spotlights the work of Father Gregory Boyle and brings us up to date on Homeboy Industries.

Reservations at www.friendsspl.org & www.grandvision.org. \$10 admission fee goes to Homeboy Industries.

Around Our District and Beyond...



A UU Said That?

"Justice recognizes two sides, and gives ear to both. Passion sees but one, and blots out in blood the representatives of the other."

Ushers:

Kevin Gallagher & Alana Garrigues

Welcome Table:

2 OPEN POSITIONS

Contact [Lora Childers](#) if you'd like to give it a try...

Greeters:

Peggy Tigerman & Jean Tordella

⇒

Recurring Events

Download the [AdUUIt Program & Religious Education Flyer.](#)

Sundays

YRUU High School Group. 10:30 AM, L
Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low Restaurant - Next Date: **Sunday, March 30**
Great Books Discussion Grp, 7 PM, 2nd Sun., L
Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L

Mondays

Women's Reading & Responding Grp, 3rd Mon., 11 AM, L
[Kundalini Yoga w/ Aimee](#) - All are welcome, Mon., 5 PM, H
Men's Ministry, Mon., 7 PM, Hiatus
Environmental Covenant Group, 1st Mon., 7:15 PM, L
Soulful Sundown, 1st Mon., 7:30 PM, H

Tuesdays

Ways & Means Cmte, 2nd Tues., 7 PM, L
Program Council, 4th Tues., 7 PM, L

Wednesdays

Beginning Yoga w/ Debi Robinson, Weds, 11 AM

Thursdays

Women's Circle, 4th Thurs., 10 AM
Tai Chi (Beck), Thurs, 10 AM, H
Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L
[PUC Choir Practice](#): Thurs., 6:30 PM, H

—**Julia Ward Howe**
(Unitarian, author, social reformer)

[Click Here for Videos Related to Unitarian Universalism](#)

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Office: (310) 378-9449

Fax: (310) 378-1508

[Click here for Directions](#)

Environmental Priorities Network
Mtg, 2nd Thurs., 7:30 PM, L
Green Sanctuary/Transition Coffee
Clatch. 2nd & 4th Thurs., 8-9 PM,
Catalina Coffee Co.

Fridays

GBLTQ Movie, 2nd Fri., 7 PM, L

Saturdays

French Conversation Grp, 2nd &
4th Sat., 10 AM, V

Sunday Service: 10:30 AM

Office Hrs: Sunday: 9 AM - 3 PM,

Mon. - Thurs: 11 PM - 5 PM

admin@PacificUnitarian.org

www.pacificunitarian.org

