

* Please send all VIEW submissions to Newsletter@pacificunitarian.org by Wednesday Noon.

* Please send requests for a Sunday announcement to: Gary Hart garylhart@gmail.com



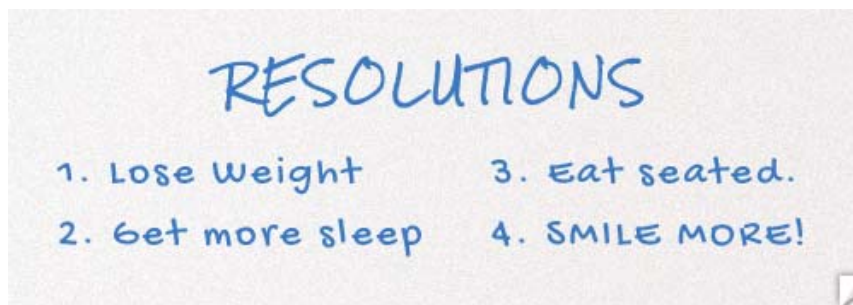
January 2, 2014

Deadline: Each Wednesday at noon

Welcome to this week's View and 2014!

"As we wish each other a Happy New Year, let us determine to be more sincere, compassionate, warm-hearted human beings, trying to make our world a more equal place. That way we'll actually make it a happy year." - *Dalai Lama*

Minister's Message



Resolutions

It seems to be the perennial task of good meaning people to make resolutions at New Years. Some might think this is an exercise in futility. After all, most people give up on resolutions within weeks.

The crowds at the gym have pretty well thinned out by Valentine's Day. So given that,

Why should we keep trying?

I believe we need to make resolutions in order to ground our lives and renew hope. A resolution is like a stake in the ground that tells us this is where I have come and this is where I want to go.

January's Monthly Theme: *Grace*

This Sunday

January 5, 2014
10:30 a.m. Service

Grace Has Many Names

Grace is the manifestation of the Holy in our lives. **Rev. John** begins the New Year with a look at the many forms of grace. We will have a meditation by our visiting **Reiki Master Tenzen Lama Sherpa** and a child blessing for **Althea Willow Masterson**, daughter of Claire Moss and Bryan Masterson. Join us!

The Week At a Glance

Thursday, January 2, 2014

10 am Tai Chi [Pekich] - No Class
6:30 pm PUC Choir Practice - No Practice Tonight
7 pm Reiki Demo Session - CR1
7 pm Jeet Kun Do [Coppock]- CR2

Sunday, January 5, 2014

10:30 am Sunday Services-H
11:45 am YoUUtH Choir Rehearsal - CR2

A formal resolution states both a condition and an intent; whereas my life is going this way, and whereas I am not happy about it, therefore, be it so resolved that I will change my direction thus.

So, what will you resolve to change in your life in 2014?

What are the whereases that need changing? And is your resolution hopeful? Can it be achieved in a year? If not, start smaller.

My resolutions? Beyond the usual: lose weight (just 12 pounds), sleep more (average 7.5 hours), and eat every meal sitting down; I want to smile more. It's not that I am unhappy, it's just that when I am thinking I am told I scowl. So, whereas scowling makes people uncomfortable, I resolve to smile more by shaking your hand, giving a hug, and sitting and eating lunch on Sunday.

May your New Year Be Blessed,
Rev. John

Family Religious Education Ministry

It is said that the only constant is life is change. For the next three weeks in our Religious Education Ministry with Youth and Children, we will be exploring the topics of change and loss using an excellent, age-appropriate curriculum called Lessons of Loss. Our children and youth live in a world filled with losses both small and large. As much as we might wish we could protect them from these losses, it is beyond our control. But we can offer them the gift of community, a chance for them to share their thoughts and fears within a context of compassion and understanding. Lessons of Loss is about process, not ideology. It offers age-appropriate lessons and activities that allow participants to develop a language of loss, gain a better understanding of death and grieving, develop skills, incorporate UU values, and explore how loss often offers opportunities for growth. It is our hope that families make every effort to have their child or youth attend all three weeks to gain the maximum benefit from this Intersession.

**January Calendar
Happy New Year 2014!**

1/5 January Intersession Lessons of Loss begins.

Our Hobbits (Kindergarten-2nd grade) through our YRUU (high school) groups will be using the excellent, age-appropriate program Lessons of Loss to learn about the change and loss that is part of life, and ways to handle it constructively.

1/12 Lessons of Loss Week 2

12:30 p.m. Our Whole Lives (OWL) Sexuality Education Program for Grades 7-9 Parent Orientation. Parents of youth in grades 7-9 learn about the OWL program and register their youth for this outstanding and life-changing program!

1/19 Lessons of Loss Week 3.

Closing week of January Intersession.

CRZ

12:15 pm Visitor Information
Session - L

12:00 pm Acting Associate Minister
Committee on Ministry - V

Monday, January 6, 2014

10 am Tai Chi [Pekich] - H

5 pm Kundalini Yoga Class - H

7 pm Men's Ministry -V

7 pm Jeet Kun Do [Coppock]- CR2

Tuesday, January 7, 2014

3:15 pm Staff Meeting - V

2:30 pm Practicing UU Cvnt Grp -L

7:30 pm Soulful Sundown Service -
H

Wednesday, January 8, 2014

11 am Beginning Yoga [Debi]

Flowers for the Church

Congratulations to Janet Kissner on her 50th birthday (1/8) and Andy Kissner on receiving his Master's Degree (1/19). So proud of both!

- Lois Lutkenhouse



Game Night

Saturday, January 11, 5:30 pm

PUC Winter Facilities Work Party

Saturday, January 11, 8 am

Theodore Payne Foundation

Native Plant Nursery Tour

Saturday, January 18, 9:30 am

Upcoming Services

**January's Monthly Theme:
GRACE**

1/12: Amazing Grace
Rev. Tamara Casanova Suzuki
Transition, change, endings,
beginnings. Rev. Tamara speaks

1/24-25 OWL 7-9 Overnight

1/26 Spiritual Practices Workshop Sunday for Hobbits through YRUUs

This provides our children and youth with the opportunity to experience various spiritual practices as a way of increasing their spiritual "literacy." *Children and youth begin in the worship service as usual today. Our Spiritual Practices Workshop will begin after they are "sung out" of service.*

- Rev. Tamara

AssocMinister@pacifunitarian.org



[CLICK HERE](#) to request to be added to the R.E. Family Facebook Group.

of the grace to be found in such times.

1/19: *Roots Hold Me Close* Rev. John Morehouse

What grounds us in our world? Rev. John explores the power of our roots.

1/26: *Wings Set Me Free* Rev. John Morehouse

Grace also calls us to go beyond our horizons. Join us as Rev. John offers up some possibilities.

Recurring Events

Download the [AdUUit Programs Flyer](#).

Sundays

YRUU High School Group, 10:30 AM, L
Half a Century Marrieds Group, 5th Sun., Noon, Fu Yuan Low Restaurant -
Next Date: Sunday, March 30
Great Books Discussion Grp, 7 PM, 2nd Sun., L
Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L

Mondays

Tai Chi (Pekich), Monday, 10 AM, H
Women's Reading & Responding Grp, 3rd Mon., 11 AM, L
Kundalini Yoga w/ Aimee - All are welcome, Mon., 5 PM, H
Men's Ministry, Mon., 7 PM, V
Environmental Covenant Group, 1st Mon., 7:15 PM, L
Soulful Sundown, 1st Mon., 7:30 PM, H

Tuesdays

Ways & Means Committee, 2nd Tues., 7 PM, L
Program Council, 4th Tues., 7 PM, L

Thursdays

Women's Circle, 4th Thurs., 10 AM
Tai Chi (Beck), Thurs, 10 AM, H
Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L
PUC Choir Practice: Thurs., 6:30 PM, H
Environmental Priorities Network Mtg, 2nd Thurs., 7:30 PM, L
Green Sanctuary/Transition Coffee

Reiki Course & Healing Event

Free Intro: Today, January 2 at 7 pm

Reiki 1: Sat Jan 4 at 10 am - 4 pm

Reiki 2: Sun Jan 5 at 12:30 - 6:30 pm

Space is limited. [Click here for more information](#). Register online today at [CreateMeaning.org](#) - look for current South Bay offerings.

Gather The Spirit

Wednesday Minister's Classes Continue 11 am - 12:15 pm
January 22, 29, Feb. 5, 12

The Problem of Evil:

How do we reconcile evil in our lives with religious understandings of a loving God? Rev. John will explore the various philosophical understandings of evil and the solutions to this deep problem.

[CLICK HERE](#) for upcoming offerings.

Interested in Buddhism? Interested in Meditation?

Interested in forming a meditation group here at PUC? So are we.

If you'd care to join us, please contact either John Hocutt or Brad Shreve. You can reach Brad at 310-344-8450 or via [email](#). John can be reached at 310-666-9431 or [email](#).



Volunteer Position Available: Usher

Being an usher is probably the best volunteer position at PUC. You only have to volunteer once each month and you'll be able to watch the sermon during the entire time. There are a couple of weekends available.

If you'd care to join our team, please contact Brad Shreve at 310-344-8450 or [email](#).

Pacific Unitarian Church A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning, and Service

5621 Montemalaga Drive, Rancho Palos Verdes, CA 90275
[Click here for Directions.](#)

Office: (310) 378-9449 | Fax: (310) 378-1508

Email: admin@PacificUnitarian.org | [Website](#)

Sunday Service: 10:30 AM

Office Hours: Sundays: 9 am - 3 pm, Mon. - Thurs: 11 am - 5 pm

Green Sanctuary, Transition Center
Clatch. 2nd & 4th Thurs., 8-9 PM,
Catalina Coffee Co.

Fridays

GBLQT Movie, 2nd Fri., 7 PM, L -
None this month.

Saturdays

French Conversation Grp, 2nd & 4th
Sat., 10 AM, V



Check out the [Member-to-Member password-protected section of our website](#), or [submit your article for posting](#) to connect with other PUC members for things such as:

- Looking to buy a car?
- Sell your furniture?
- Looking for a hiking buddy?
- Make the cutest widget?

