

\* Please send all VIEW submissions to [Newsletter@pacificunitarian.org](mailto:Newsletter@pacificunitarian.org) by Wednesday Noon.

\* Please send requests for a Sunday announcement to: Gary Hart [garyhart@gmail.com](mailto:garylhart@gmail.com)



December 12, 2013  
Deadline: Each Wednesday at noon

Hi {FIRST\_NAME|PUCer},  
...and *THE VIEW* from PUC is INTERFAITHfull too, with lots of news about our community partners and all we do with them! Find it all here in *THE VIEW*... REEEEEAAADD AALLL ABOOUUUT IT!

**December's Monthly Theme: Peace**

This Sunday

**December 15**

**10:30 AM Service**  
**12 Days of Winter Festivals of Light**

Rev. Tamara Casanova Suzuki  
Come join in the fun and learning as the whole congregation participates in this winter Service!  
**Rev. Tamara** leads the way as we explore various holiday stories and traditions from around the world and multiple religious traditions.



**From Rev. Tamara's Desk**

The winter solstice draws near, holiday carols play on radio stations and in stores; we enter into the season of winter holidays. At times I revel in the hustle and bustle and sing along with the carols, while other times I feel a bit like Scrooge. For the Scrooge-like times, I offer the following little story to remind ourselves of the true reason for the season.

As an experiment, researchers gave each resident of a nursing home a plant. Half of the residents were told that they were responsible for the plant and needed to tend to its health. The other group was told that the staff would care for their plants as the residents themselves were in the home to be cared for. Within a few weeks the residents who were charged with caring for their plants showed an increase in energy, and improved physical and emotional well-being. A year and a half later, the mortality rate of this group was only half that of the other.

In this holiday season, we remember that caring for others (human and otherwise) and giving of ourselves is the reason for the season. The benefits of giving accrue to both those receiving and to those giving, as we live out our commitment to the interconnected web of which we are a part. So give with joy, give with gratitude, and give with the knowledge that we are blessed in the giving as well as in the receiving.

Love,  
**—Rev. Tamara**

**The Week At a Glance**

**Thursday, December 12, 2013**

6:30 PM PUC Choir Practice - H  
7:30 PM Environmental Priorities Network (EPN) – L

**Saturday, December 14, 2013**

10 AM French Conversation Grp - V [2nd & 4th Saturdays]  
7 PM Dinners with UU's - O

**Sunday, December 15, 2013**

**12 Days of Winter Festivals of Light**

10:30 AM Sunday Services-H  
11:45 AM PUC YoUUth Choir

## Religious Education Matters

### Family Religious Education Ministry

#### DECEMBER CALENDAR

A **BIG THANK YOU** to our generous congregation for supporting the efforts of the children and youth in their Santa's Workshop toy and clothing "sale" last Sunday.

Thanks to your support we are donating \$364 in toys, baby clothing, and cash to our three partners: **Harbor Interfaith Services, Rainbow Services, and Toberman Neighborhood Center.**

#### 12/15: Twelve Days of Winter

Come join in the fun and learning as the whole congregation participates in this interactive multigenerational winter Service! Rev. Tamara leads the way as we explore various holiday stories and traditions from around the world and multiple religious traditions. All children and youth are welcome and encouraged to be in the worship service today. Childcare for Nursery children is available.

#### 12/22: Religious Education Volunteer Break

Free Play Day for ages six and under. Ages seven and older please attend the worship service.

#### Tuesday, 12/24: The First Christmas Carol

Celebrate the season with carols and candlelight. Rev. Tamara invites people of all ages who seek the true meaning of Christmas to come to our very special Christmas Eve candlelight Service at 5 PM

#### 12/29: Religious Education Volunteer Break

Free Play Day for ages six and under. Ages seven and older please attend the Worship Service.

—Rev. Tamara

[AssocMinister@pacificunitarian.org](mailto:AssocMinister@pacificunitarian.org)



Please [CLICK HERE](#) to request to be added to the R.E. Family Facebook Group.

## PUC's Pooled Income Fund: *A Donation That Pays You Back - Find Out More THIS SUNDAY*

In 1990, PUC established a Pooled Income Fund, intended to benefit both the donors and the church. The "pooled" donations are prudently invested in a collection of securities selected to preserve capital and maximize income. The donors receive all of the investment income earned on their donation for the rest of the donor's

Rehearsal - CR2

12:15 PM "In Our Hands: Peace & Justice" w/ Rev. John Pt. 3 - CR1  
3 PM SB Chamber Music Society Concert - H [[Lyris String Quartet](#)]  
7 PM Books In Our Lives Covenant Group - L

#### Monday, December 16, 2013

10 AM Tai Chi [Pekich] - H  
11 AM Reading & Responding Women's Book Club - L  
5 PM [Kundalini Yoga Class](#) - H  
7 PM Men's Ministry - V

#### Tuesday, December 17, 2013

1 PM Pastoral Care Associates Mtg - V  
2:15 PM Staff Meeting - L  
2:30 PM Practicing UU Cvnnt Grp - L  
7 PM Board Meeting - L

#### Wednesday, December 18, 2013

11 AM "Myth & Meaning" w/ Rev. John - CR1  
11 AM Beginning Yoga w/ Debi  
7 PM Ways & Means Committee - CR1

#### Thursday, December 19, 2013

10 AM Tai Chi [Beck] - H  
11 AM Seniors Pow Wow to Share How - L  
6:30 PM [PUC Choir Practice](#) - H  
7 PM Facilities Committee Mtg - O  
7 PM Family R.E. Ministry Mtg. - O  
7:30 PM [One Voice LA](#) - O [Help pack food & gifts for the needy in Santa Monica]

**Flowers for the Church**  
*Sunday's Flowers are "to wish you all the happiness & joy of the season all year long."*

—**Marvel Burke**

Please contact the [PUC Office](#) to reserve your date!

life, and, if desired, the life of a beneficiary 45 yrs or older at the time of investment. Cash or other assets that can be sold can be donated (and possibly avoid Capital Gains tax).

Upon the death of the donor (and of the beneficiary, if there is one), the life income ceases and the current value of the donor's share is transferred to PUC's Endowment Fund. The minimum initial donation is \$2,000, with minimum \$200 additions. Contact the [PUC Endowment Committee](#) for more information or to prepare the necessary documents for you to contribute to the Pooled Income Fund, or for more information, [download the Pooled Income Fund brochure](#).

*Our Pooled Income Fund experts will be on the Patio after the Service on **Sunday, December 15** to answer any questions you might have, and sign you up if you're ready.*

—**Lou Sutherland**

## Join PUC Help the Needy @ One Voice Holiday Food Program

**Thursday night, December 19**

**We need you!** It's that time of year when we gather all of our friends together to provide food baskets to over 12,500 people. Come join us to help sort and package the food in the Barker Hangar at the Santa Monica Airport.

► Carpool vans depart at 6 PM from **EagleRider** - [11860 La Cienega Blvd, Hawthorne, CA](#) to drive to Santa Monica.

► Arrange to carpool from PUC to Hawthorne with [Kim Gosney](#).

**\*\*Hours: 7:30 PM – 11:00 PM**

**(7:30 – 9:00 PM are "Kid Safe" hours)**

We will be sorting and packaging food. This is the night that is most appropriate for children to come, as well as adults. Come to Barker Hangar any time after 7:30 PM. We continue long into the night, usually finishing around 11 PM. In order to avoid a traffic jam and a long wait in line, please fill out a Sign-In Form in advance and arrive between 7:30-8:30 PM. For safety reasons, groups of kids will only be admitted if there is at least 1 adult to supervise every 2-3 kids.

QUESTIONS? Contact David Kane - [dmkane@verizon.net](mailto:dmkane@verizon.net).



## Join Us for a PUC Holiday Party!

**Saturday, 12/21, 1:30 PM - 4 PM**

### **Schedule:**

- \* 1:30 PM: Mingle & Tree Decorating!
- \* 2 PM: Guess Who... Is Playing Santa! (kids welcome!!!)
- \* 2:30 PM: Holiday Story-telling!
- \* 3 PM: Holiday Sing-Along w/ Severin!
- \* 3:30 PM: Cider & Cookies!

**Next open dates:**

**Dec. 22**

**The New Flower Calendar is here in time for the New Year.**

**All the dates are OPEN!**



**Saturday, 12/21: PUC Member Holiday Party, 1:30 PM**



**December's Monthly Theme: Peace**

**12/22: Angels of Peace**

Rev. John Morehouse

Where does peace come from? **Rev. John** shares stories of peace in this darkest time of the year.

**12/24: The First Christmas Carol**

Rev. Tamara Casanova Suzuki  
Celebrate the season with carols and candlelight. **Rev. Tamara** invites people of all ages who seek the true meaning of Christmas to come to our very special Christmas Eve Candlelight Service at 5 PM.

**12/29: Making Peace With Our Past**

Krista Weber, Student Minister  
As we approach the end of the year and begin to prepare for the new year, student minister **Krista Weber** will explore the ways we deal with what has happened in our past, and how we can work to move into the future with more peace in our hearts, minds, and actions.



**A UU Said That?**

## Winter Solstice Celebration @ PUC December 22

Our Winter Solstice ritual will take place at 5:30 PM on **Sunday, Dec. 22**. It will be an Egyptian-based ritual welcoming the birth of Horus and featuring a guided visualization to meet the Sun Goddess, Isis.

We will also commemorate the Fellowship of Isis Founder Lady Olivia Robertson, and after the ritual, give a prize for best UGLY XMAS SWEATER, so wear yours! We start ON TIME, and please bring a healthy potluck dish to share; beverages provided.

Women, men, and young people welcome! RSVP 310-371-0274.

## GATHER THE SPIRIT

*Wednesday Minister's Classes Continues*

**Myth and Meaning** - The word "myth" is derived from the Greek word mythos. A myth, however, is not just any story but a fabulous statement containing some important truth. Rev. John will share the historical and scholarly depths of this very human legacy of meaning-making. 11AM TO 12:15 PM, **Wednesday, Dec. 18**.

[CLICK HERE](#) for upcoming offerings, including:

**The Problem of Evil** - 11AM TO 12:15 PM, **Wednesdays, Jan. 22, 29; Feb. 5, 12**.

## Make the Holidays Special By Helping Harbor Interfaith Services Help Others in Need

This holiday season please consider making a special effort to bring cans and dry goods to Church for Harbor Interfaith Services. Items needed are groceries; toiletries, such as toothpaste and toothbrushes, feminine products, bath soap, and deodorant; and household goods, such as pots, pans, and silverware. Please drop your donations in the baskets as you enter the Hall for Sunday's Service.

What an excellent way to share the gift of giving throughout the year. We hope for the number of donations to increase substantially, as it has in the past. [CLICK HERE](#) to view the complete Harbor Interfaith wish list.

## Around Our District and Beyond...



### UU Holiday SHOPPING – Choose Compassionate Consumption

► UUSC holiday cards are HERE!!! See Sandy McNeil on the Patio on Sunday; Call her; or [EMAIL HER](#) to get yours before they're all gone.

► If you like to sit at home in your jammies and shop for justice, this is for you! Go to <http://shop.uusc.org> for great Holiday ideas. The proceeds are used to fund humanitarian causes around the world and

"There is truly no peace without justice, and those who shout "Peace! Peace!" without pointing a viable way to justice are collaborators with the oppressors just as surely as if they had supplied them with arms or turned the keys of their jail cells."

—[William F. Schulz](#)

(UU, human rights activist, clergy, formerly UUA President, Executive Director Amnesty International USA; current Director of UU Service Committee; from *What Torture Taught Me* (2013))

[Click Here for Videos Related to Unitarian Universalism](#)

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## Third Sunday Hospitality Special Thanks to All of YoUU who help!

### Ushers:

Brittany (Manning)  
Montgomery & Carrie Pobre

### Welcome Table:

Joyce Block-Miller & Betty  
Saunders

### Greeters:

Louise Allison & Bill Karg

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## Recurring Events

Download the [AdUUIt Program & Religious Education Flyer](#).

### Sundays

YRUU High School Group. 10:30 AM, L  
Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low Restaurant - Next Date: **Sunday, December 29**  
Great Books Discussion Grp, 7 PM, 2nd Sun., L  
Books in Our Lives Covenant

at home. This is what UU's do best: serving others.

—**Sandy McNeil**, UUSC Ministry

## Plant Based Cooking Classes @ PUC

**6 - 8 PM, every 2<sup>nd</sup> Tuesday of the month**

Looking for ways to eat healthier by incorporating more fruits, vegetables, and whole grains into your diet? Then join us to learn some yummy recipes.

This cooking class will feature vegetables, whole foods, and a plant-based cuisine with instruction and some hands on learning. All levels of food knowledge or cooking ability are welcome.

We'll be emphasizing organic seasonal and local ingredients purchased at our local Farmer's Markets so we can learn to eat the freshest healthiest foods available. \$25/person

Please RSVP to Debi Robinson at [debi@debirobinson.com](mailto:debi@debirobinson.com)

—**Debi Robinson**

## Try Our Monday Yoga & Meditation Basics Class

*Start the New Year with a healthy practice for your mind, body, & spirit!* Join us in the Hall on **Mondays from 5 - 6:30PM** for *Kundalini yoga*, a physical, mental, and spiritual discipline for developing strength, flexibility, consciousness, and character.

*Led by: Aimée Donahue, Yoga Instructor and Therapist*  
[www.yogawithaimee.com](http://www.yogawithaimee.com).

Join us as we move with relaxing music to calm the mind while keeping the body healthy and youthful. Tap into your body's innate inner healing power! There is a suggested donation per class.

## IT'S EASY TO BE GREEN @ PUC: RECYCLE HERE!!

Don't forget to bring your **used-up ink & toner cartridges** for recycling (and cash for PUC); your **used batteries, light bulbs, and small electronic devices** for safe disposal and recycling; and **old eyeglasses** for re-use in Latin America; to PUC's recycling center – located just outside the kitchen door on Sundays. Please bring your **expired prescription & non-prescription meds** to the PUC Office for safe disposal.

—**Craig Block**

### Pacific Unitarian Church

#### A Unitarian Universalist Community

*Committed to the Free and Responsible Search for Truth, Meaning, and Service*

5621 Montemalaga Drive, Rancho Palos Verdes, CA 90275

Office: (310) 378-9449

Fax: (310) 378-1508

Group, 1st & 3rd Sun., 7 PM, L

### Mondays

Tai Chi (Pekich), Monday, 10 AM, H

Women's Reading & Responding Grp, 3rd Mon., 11 AM, L

[Kundalini Yoga w/ Aimee](#) - All are welcome, Mon., 5 PM, H

Men's Ministry, Mon., 7 PM, V

Environmental Covenant Group, 1st Mon., 7:15 PM, L

Soulful Sundown, 1st Mon., 7:30 PM, H

### Tuesdays

Ways & Means Cmte, 2nd Tues., 7 PM, L

Program Council, 4th Tues., 7 PM, L

### Thursdays

Women's Circle, 4th Thurs., 10 AM

Tai Chi (Beck), Thurs, 10 AM, H

Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L

[PUC Choir Practice](#): Thurs., 6:30 PM, H

Environmental Priorities Network Mtg, 2nd Thurs., 7:30 PM, L

Green Sanctuary/Transition Coffee Clatch. 2nd & 4th Thurs., 8-9 PM,

Catalina Coffee Co.

### Fridays

GBLTV Movie, 2nd Fri., 7 PM, L

### Saturdays

French Conversation Grp, 2nd & 4th Sat., 10 AM, V

[Click here for Directions](#)

**Sunday Service: 10:30 AM**

Office Hrs: Sunday: 9 AM - 3 PM, Mon. - Thurs: 11 PM - 5 PM

[admin@PacificUnitarian.org](mailto:admin@PacificUnitarian.org) [www.pacificunitarian.org](http://www.pacificunitarian.org)



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