

* Please send all VIEW submissions to Newsletter@pacificunitarian.org

* Please send requests for a Sunday announcement to: Gary Hart [garyhart@gmail.com](mailto:garylhart@gmail.com)

* If you're having trouble reading *The View* in your email, [CLICK HERE](#) to download the PDF version



Pacific Unitarian Church

A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning, and Service

The View

May 9, 2013

Deadline: Each Wednesday at noon

Hi {FIRST_NAME|PUCer},

...but *THE VIEW* from PUC is for IMAGINING a better way to be, looking forward to the future, to a world we want to live in. Lots to read, lots to learn, and lots to love here @ PUC and here in *THE VIEW*... REEEEEAAADD AALLL ABOUUUT IT!

Please bring a flower (or a bunch) to share this Sunday for our annual Unitarian Universalist Flower Communion.

May's Monthly Theme:
PEACE

This Sunday

May 12

9:15 PM 2nd Sunday Forum

In Nature's Honor: Myths, Rituals, & Holidays Celebrating the Earth

Led by **Jeff Ordway**

10:30 AM Service
Imagination Time Machine

Rev. Tamara Casanova Suzuki

Join Rev. Tamara as we travel in time to celebrate three historical events that dared to imagine a more peaceful and compassionate world. *Please bring a flower (or a bunch) to share for our annual Unitarian Universalist Flower Communion.*

12:15 PM

Book Study & Discussion:
The Transition Companion
by Rob Hopkins. Chapter 4.

Readings provided - Contact
Dorian Tippet



From Rev. Tamara's Desk

You've heard of the Golden Rule, but have you heard of the Platinum Rule? The ancient Chinese philosopher Confucius taught that the concept of reciprocity should be the central practice of one's life. This basic principle of "do to others as you would have others do to you," is called the Golden Rule, and can be found in every major religion and philosophy.

The core of the Golden Rule is a moral obligation to treat others ethically for their sake, not ours, even if it's better than the way they treat us. We do so because as Unitarian Universalists we strive to promote the inherent worth and dignity of all people. But the wonder is this: in doing so we realize that the way we treat others is only partially about them after all. It is also about us because the way we treat others speaks to who we are in the deepest sense. It's like the man who broke off an argument that descended to name-calling, saying, "Sir, I will treat you as a gentleman, not because you are one, but because I am one."

But what if we take it a step further? The Golden Rule contains the assumption that others would like to be treated as you would choose to be treated. The Platinum Rule tells us to treat others the way they

want to be treated. This flips the Golden Rule on its head and encourages us to try to understand what the other person may want and need, and then (if appropriate), seek to accommodate the feelings of others. So choose gold or platinum, both are worthy goals as we grow deeper on our spiritual journey.

Namaste,

—Rev. Tamara

AssocMinister@pacificunitarian.org

Religious Education Matters

Family Religious Education Ministry MAY CALENDAR

Thanks to all who led and participated in our Beltane/ May Day celebration last week, especially Jeff & Connie Ordway! Lots of fun and learning!!

5/12: Imagination Time Machine

Join Rev. Tamara in this multigenerational Worship Service (Kindergarten and older) as we travel in time to celebrate three historical events that dared to imagine a more peaceful and compassionate world. *Please bring a flower (or a bunch) to share for our annual Unitarian Universalist Flower Communion.*

5/19: Native American / First Nation

This is the final week of our multi-religious journey for Hobbits, Sojourners and Voyagers. Today we explore the world-view of some Native/First Nation peoples.

5/26: Last Day of “Regular” Family Religious Ministry classes

All children/youth & teaching teams celebrate the end of our journey together and plan a group presentation for the multigenerational Worship Service, *Religious Education Sundaes*, on June 2.

—Rev. Tamara

AssocMinister@pacificunitarian.org

2nd SUNDAY ADULT R.E. PROGRAMMING

- * 9:15 AM: In Nature's Honor: Myths, Rituals, & Holidays Celebrating the Earth. Led by Jeff Ordway
- * 12:15 PM: Book Study & Discussion: [The Transition Companion](#) by Rob Hopkins. Chapter 3. Readings provided.

* [CLICK HERE for your Month-at-a-Glance reference](#) *

—Kathy Rickey, Adult Religious Education

The Week At a Glance

Thursday, May 9, 2013

7 PM Finance Committee –
Cancelled

Friday, May 10, 2013

7 PM GLBTQ Movie Night – V

Saturday, May 11, 2013

10 AM French Conversation Grp -
V [2nd & 4th Saturdays]

10 AM Temple Emet Saturday
Service - H

3 PM Bruhnke Garden Walk - O
[T&S]

6 PM Buddy Mixer – O

Sunday, May 12, 2013

Mother's Day

9:15 AM Forum - In Nature's
Honor: Myths & Rituals
Celebrating the Earth - L

10:30 AM Sunday Services-H

11:45 AM Youth Choir Rhrl -
CR2

12:15 PM Green Sanctuary
"Transition Companion" – L

Monday, May 13, 2013

9:30 AM Tai Chi [Pekich] - H

1 PM Arehart: Poetry & Tea - O
[T&S]

5 PM [Kundalini Yoga Class](#) - H

7 PM Men's Ministry -V

Tuesday, May 14, 2013

8:30 AM Aerobics - H

7 PM Slizewski: Guys Night Out -
O [T&S]

Wednesday, May 15, 2013

11 AM Staff Mtg - L

3:30 PM Worship Team - V

6:30 PM Choir Practice - H

7 PM Leadership & Development
Handoff/Startup Mtg or Budget
Mtg - V

BUDDY MIXER May 11 *New to PUC? Want to Help Visitors & New Members to feel Welcome?*

Come to PUC's next Buddy Mixer: a fun, informal way to get to learn more about PUC and get to know others here. The next Buddy Mixer will be at 6:30 PM, on **May 11** - a potluck dinner being graciously hosted at Sandy McNeil's Rancho Palos Verdes home. Children are welcome. Please know that this mixer is being co-hosted by Sandy's 2 friendly dogs, and bring a light outerwear for our overflow into her beautiful backyard.

Please RSVP to denise@umeworks.com to receive the details and to let us know what dish you'll you bringing to share.

Go Green: SB Solar Homes Tour May 11

The Environmental Priorities Network is sponsoring its 8th annual South Bay area Solar Homes Tour from 9 AM -5 PM on **Saturday, May 11.**

Reducing energy use will help to save our planet from catastrophic climate change, and will save you money as well. The listed homes have many other environmental features like solar hot water heating, double pane windows, low voltage lighting, off-peak timed appliances, and native and drought-tolerant plantings. At one home you may view the control panel showing the meter running backwards, and at another you may inspect the electric car in the garage. This is a great opportunity to find out more about conservation, renewable energy, and energy efficiency.

To receive the flyer that lists addresses of and directions to the ten tour homes or for more information about the May 11 tour, please contact Diane Wallace: 310-266-1241 / dmbarkwall@gmail.com or Lillian Light: 310-545-1384 / lklight@verizon.net.

Cosponsored by: PUC Social Justice Committee & the South Coast Interfaith Council.

Share Your Talents Summer for PUC Family R.E.

Our Family Religious Education Ministry is pleased to announce **Share Your Talents Summer** for our children and youth! We are looking for **YOU** to share a talent, skill, hobby, or interest with our children and youth on **ONE** Sunday during the summer. Art, science, activities, crafts, skills; all are welcome!! We know we have a very talented bunch of PUC members, so sign up now at the Family Religious Education table or email AssocMinister@PacificUnitarian.org.

Ethical Eating Study Group "Movie Night @ Home"

May 13, time of your choosing: Our 5-week long study group on

7 PM Facilities Committee Mtg - O

Thursday, May 16, 2013

8:30 AM Aerobics - H

10 AM Tai Chi [Beck] - H

11 AM Seniors Pow Wow to
Share How - L

7 PM Growth Plan Steering
Committee - V

7 PM Leadership & Development
Handoff/Startup or Budget Mtg - L

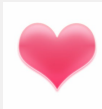
Flowers for the Church

Please contact the [PUC Office](#) to reserve your date!

Next open dates:

Sept. 15, 22, 29

This Sunday's Flowers are brought by YoUU all. Please bring a flower (or a bunch) to share this Sunday for our annual Unitarian Universalist Flower Communion.



PASTORAL CARE NEWS:

Maurice Chevalier's childhood friend, Jimmy Sneed passed on recently of a brain aneurism and simultaneous heart attack. Please keep Maurice and the Sneed family in the your thoughts and prayers.

Former PUC member, *Marci Wayman's* husband, Tom, died last week. Tom is survived by Marci and their three children, all under 10 years old. Please keep the Wayman family in the light.

If you are in need of Pastoral Care, please contact **Reverend John**. pastoralcare@pacificunitarian.org or the [PUC Office](#).

member to member



the **UUA Ethical Eating Statement of Conscience** continues with MOVIE NIGHT AT HOME, watching the award-winning documentary, [Forks Over Knives](#) (about how eating a plant-based diet actually reverses disease and restores health). You can watch this film anytime from the comfort of your own home. This excellent film has been life-changing for many, including former President Bill Clinton! It's what inspired him to change his diet and effectively address his heart disease. If you've already seen this film, watch **Vegucated** or **The Future of Food** . [CLICK HERE for more about Ethical Eating.](#)

Walk with Us On the Side of Love @ L.B. Pride

On **Sunday, May 19**, PUC will be participating in the Long Beach Pride Parade for the first time. If you would like to join us, you can contact Brad Shreve: bdshreve@outlook.com / 310-344-8450. Or, you can speak with Denise Shiozawa on the Patio after Service this Sunday.

If you have already agreed to be in the parade, please see Denise on Sunday to obtain information about necessary documentation for the parade and information on carpooling to the parade site.

GREEN SANCTUARY NEWS:

Six PUCers joined Communities for a Better Environment at the Petroleum Refinery Coking Operation Meeting in Diamond Bar last Friday morning. The proposed rule (1114) will reduce volatile organic compounds, particulate matter, hazardous air pollutants, sulfur compounds, and methane emissions released during the delayed coking process at petroleum refineries. Alicia Riveria and I spoke before the AQMD Board. The proposed rule was adopted by the South Coast Air Quality Management District (AQMD).

—Dorian Tippet

Dick Peterson 90th Bday/Going Away Party May 20

The May meeting of [PFLAG](#) Palos Verdes will feature a special Birthday & Going Away Party for longtime PUC & PFLAG member Dick Peterson, who will be turning 90 that day, and will soon be moving to an independent living facility in Santa Rosa to be near his family.

7 PM, **Monday, May 20**

[Rolling Hills United Methodist Church, 26438 Crenshaw Blvd.](#)

-NE corner of PV Drive North & Crenshaw-

(Please, no Gifts or cards - we will have one card that all can sign.)

Around the District and Beyond...

 [CLICK HERE](#) for the May 2013 South



FREE MAGIC SHOW

PUC's OWN Marty G, Magician

May 18 @ 7PM

Farmers & Merchant's Bank

12535 Seal Beach Bl

Seal Beach CA

There will be others, but please vote for Marty G in 1st, 2nd, or 3rd place!

THANKS FOR YOUR SUPPORT!

Caregiver Needed

Gloria and Will Nussbaum's son Paul is looking for a caregiver to cover one 48-hour shift/week. Please contact Gloria (See PUC Directory) if you're interested, or know someone who is.

[Click here for more Member-to-Member News.](#)
[Submit your posting request](#)

Upcoming Services: May's Monthly Theme: **PEACE**

5/19: After Each Storm

Rev. John Morehouse

Rev. John will explore what struggles reveal about living anew.

5/26: Living Complete

Rev. John Morehouse

On this Memorial Day Sunday, Rev. John explains why all life is unfinished and made immortal by what we leave for others to complete.

We will also remember our members who have tiles on the Memorial Wall who passed away in the past year. We will dedicate their new tiles in a brief ceremony starting *immediately* after the Service in the Meditation Garden.

The Story of Reproductive Justice @ UU Church of Long Beach: May 11, 9 AM - 1 PM

Mother's Day weekend is a perfect time for us to build a shared understanding of the history of reproductive justice and how we are still impacted. Join us for an interactive workshop which will be led by Moira Bowman Deputy Director of Forward Together. Moira is a leader in Strong Families, a national initiative to change culture and policy so that all families can thrive. Forward Together has partnered with the UUA to build the Mama's Day campaign involving organizations and individuals all across the country. Come prepared to share your story and witness the stories of others as we build the movement for reproductive justice together. Find out more about Mama's Day at UUA.org/reproductive.

An RSVP to churchadmin@uuclb.org is appreciated.

Recurring Events

Sundays

YRUU High School Group. 10:30 AM, L
Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low Restaurant - Next Date: **Sunday, July 30**
Great Books Discussion Grp, 7 PM, 2nd Sun., L
Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L

Mondays

Tai Chi (Pekich), Mondays, 9:30 AM, H
Women's Reading & Responding Grp, 3rd Mon., 11 AM, L
[Kundalini Yoga w/ Aimee](#) - All are welcome, Mon., 5 PM, H
Men's Ministry, Mon., 7 PM, V
Environmental Covenant Group, 1st Mon., 7:15 PM, L

Wednesdays

Choir Practice: Wed., 6:30 PM, H

Thursdays

Women's Circle, 4th Thursdays, 10 AM
Tai Chi (Beck), Each Thurs., 10 AM, H
Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L
Environmental Priorities Network Mtg, 1st Thurs., 7:30 PM, L
Green Sanctuary/Transition Coffee Clatch. 2nd & 4th Thurs., 8-9 PM, Catalina Coffee Co.

Fridays

GBLTC Movie, 2nd Fri., 7 PM, L

Saturdays

French Conversation Grp, 2nd & 4th Sat., 10 AM, V. Call Frank

A UU Said That?

"If you violate Nature's laws, you are your own prosecuting attorney, judge, jury, and hangman."

—Luther Burbank

Second Sunday Hospitality Special Thanks to All of YoUU who help!!

CHEFS Wanted: SIGN-UP on the CANVAS on the Kitchen door!!

Or, you can contact:

Mega Top Chef:

[Francis Morehouse](#); 310 291 3399

Ushers:

Kevin Gallagher & Alana Garrigues

Welcome Table:

2 OPEN POSITIONS

Contact [Maurice Chevalier](#) if you'd like to give it a try..

Greeters:

Peggy Tigerman & Jean Tordella

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Community Committed to the Free
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Meaning, and Service**

Paulsen or Betty Chevron



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