

* Please send all VIEW submissions to Newsletter@pacificunitarian.org
* Please send requests for a Sunday announcement to: Gary Hart garyhart@gmail.com

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Pacific Unitarian Church A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning, and Service

The View



October 5, 2012
Deadline: Each Wednesday at noon

Hi {FIRST_NAME|PUCer},

...and so is *THE VIEW* from PUC ... Join us this Sunday as vocalist Linda Alvarez, Dr. Severin Behnen, Rev. John, & the PUC Choir take us on a musical journey through the life of Gospel artist Mahalia Jackson. Good News indeed!! Here you have it -- all the PUC news that fits in print...REEEEAAADD AALLL ABOOUUUT IT!



From Rev. Tamara's Desk

Emotional Intelligence (EQ) and You

Howard Gardner, the influential Harvard theorist, states: "Your emotional intelligence (EQ) is the level of your ability to understand other people, what motivates them and how to work cooperatively with them." Daniel Goleman, author of *Emotional Intelligence*, encourages us to place an emphasis on developing our EQ. For many people, EQ is more important than intelligence (IQ) in attaining success in their lives and careers.

The five main emotional intelligence skills are self-awareness, self-regulation, motivation, empathy, and social skills. Amazingly, the life of our church community gives us ample opportunity to continue on our path of learning and growth in all these EQ categories! As October is designated as Emotional Intelligence Month, perhaps you might be interested in the self-study program provided free by the Emotional Intelligence Institute at <http://www.e-ii.org/Site-Map.aspx> as a tool to continue growing and learning. To encourage you on your journey, hear the words of His Holiness The Dalai Lama:

"The essence of all spiritual life is your emotion, your attitude toward others. Once you have pure and sincere motivation, all the rest

October's Monthly Theme: **Faith**

This Sunday

9:30 AM 1st Sunday Forum:

**Faith like a River: Themes from
our UU History**

This month's theme is *Reason as a
Religious Source*

10:30 AM Service

The Faith of Mahalia

Rev. John Morehouse

Vocalist Linda Alvarez, Severin Behnen, Rev. John and the PUC Choir join together for a soulful telling of the faith and life of Mahalia Jackson.

The Weekend At a Glance

Friday, October 5, 2012

6:00 PM Temple Emet Sukkot Celebration
& Potluck Service w/ PUC - H

Saturday, October 6, 2012

9 AM Violence Against Women Summit -
H]

7:30 PM Severin & the Masters: Jazz
Concert - H [TS]

follows. You can develop the right attitude toward others on the basis of kindness, love, and respect, and on the clear realization of the oneness of all human beings." Amen, and here's to supporting each other on our paths as we develop our EQ."

Blessings,
—Rev. Tamara

AssocMinister@pacificunitarian.org

Religious Education Matters

October brings fun for all ages in our Religious Education ministry!

- Our Kindergarten through 8th graders (Hobbits, Sojourners, and Voyagers) end their time exploring Islam on **October 7**. Many thanks to our Activity Guides **Maurice Chevalier, Lee Ann Hart, and Dee Masters** for a wonderful and enlightening journey!! **October 14** brings us to our unit on Christianity during which we'll be learning about the varied Christian faiths, the teachings of Jesus, and the celebration of Las Posadas with our Activity Guides **Vivien Hao, Bruce Lewis, and Tracy Lewis**.
- Our YRUU teens (Young Religious Unitarian Universalists) need you to pledge your support for them on the 10K AIDS Walk LA on **October 14**. Look for them on **October 7** after the Church Service or [CLICK HERE](#) to make an online donation.
- Children and youth (Hobbits and above, with Pixies and Nursery children welcome as families wish) will participate in our blessing of the Animals Service on **October 21**. Our Youth Choir will be singing as part of this service also!
- Our annual Fall Festival takes place on **October 28**. Stay tuned for more information!
- ALL PARENTS: If you have not registered your child/youth for this year, please stop by the Religious Education table before of after service.

—Rev. Tamara

SUNDAY ADULT R.E. PROGRAMMING

*Join **Kathy Rickey** this Sunday from 9:15 - 10:15 for *Faith Like a River: Themes from UU History*

This month's theme is Reason as a Religious Source

*After the service, from 12:15 - 1:30 Rev. John will present another in his series on Buddhism and Recovery.

[* CLICK HERE for your Month-at-a-Glance reference *](#)

—Kathy Rickey, Adult Religious Education

Sunday, October 7, 2012

9:30 AM Forum - Faith like a River:
Themes from our UU History - L
10:30 AM Sunday Services-H
11:45 AM Youth Choir Rehearsal - CR3
12:15 PM Buddhist Path to Recovery w/
Rev. John - L
7 PM Books In Our Lives Covenant Group -
L
7 PM Meditation w/ Randy - H

Monday, October 8, 2012

Columbus Day
9:30 AM Tai Chi [Pekich] - H
7 PM Men's Ministry -V

Tuesday, October 9, 2012

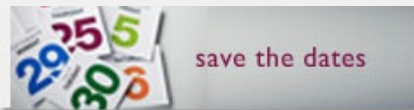
8:30 AM Aerobics - H
6:30 PM RE Committee - [Polly's Pies]

Wednesday, October 10, 2012

1 PM Staff Meeting - No Mtg Today
7 PM Infinity in Your Hands Grp - L
7 PM Choir Practice - H

Thursday, October 11, 2012

National Coming Out Day
8:30 AM Aerobics - H
10 AM Tai Chi [Beck] - H
7 PM Finance Committee - L
8 PM Environmental Coffee Clatch -
Catalina Coffee Co. Redondo Bch



10/18, ANGELA HENDERSON'S ORDINATION @ PUC

A very important event will take place on October 28--the Ordination of our former Intern, Angela Henderson. Can you assist in making this an elegant event? If you are able to help out, please call, phone, or e-mail me. We're looking for help preparing food a week or so before the event; in the kitchen after the Sunday Service on the 28th; and people to set up, serve, and clean up after the Ordination.

And, financial aid to help defray the cost of food is always gratefully accepted. Thanks for your help to make this a REALLY WONDERFUL Ordination for

PUCers Celebrate Sukkot with Temple Emet

TONIGHT - FRIDAY, OCT. 5 @ PUC

This is a reminder that we are celebrating Shabbat, Simchat Torah and Sukkot with Temple Emet **TONIGHT, Friday, Oct. 5**, at PUC. The building of the Sukkah will begin at 5 PM, decorating the Sukkah will begin at 6 PM, sharing our potluck starts at 6:30 PM and our combined Service *led by Rabbi/Cantor Didi and Reverend John, plus both choirs*, will sing starting at 7:30 PM.

PUCers are invited to bring ice cream and/or fruit pies. If you have not signed up yet, please contact Hospitality Maven **Frances Morehouse** and let her know what you're bringing. [Email Frances](mailto:frances@puc.org) OR Ring her: 310 291 3399, and let her know what you'll bring.

AND THEN TOMORROW....

SOUTH BAY ANTI-VIOLENCE FORUM THIS

Saturday

THIS Saturday, October 6, 2012, 9 AM - 2 PM @ PUC

DO YOU find yourself scared to say no to your partner? Isolate yourself from friends and family? Often make excuses for your partner's behavior?

JOIN THE CONVERSATION ABOUT THE MYTHS, THE FACTS, AND LEARNING HOW TO BECOME A SURVIVOR: Women, teens, LGBTQs, the elderly and disabled, and some men are all at high-risk for being victimized.

9 - 10 AM Seating, Light Refreshments and Documentary Film

10 AM - 1 PM Program

1 - 2 PM Small Group Discussion & International Art exercise

MEET NOTABLE SPEAKERS FROM

- LA's amazing PeaceOverViolence.org
- San Pedro's Rainbow Services
- The Center in Long Beach
- Redondo Beach Registered Dietician
- Employment Sexual Harassment
- Legal Advocate

[Anti-Violence Presenters \[pdf\]](#)

ENTERTAINMENT and ART

Hear Spoken Word, See Acclaimed Art Displays, Join in the Music, and see Consciousness Raising at its best. Your questions are never too "stupid" to say, so come ask them.

For Questions and to Reserve Seating, call (310) 366-4996 or email mediadist@aol.com.

[Anti-Violence Forum Flyer \[pdf\]](#)

Angela and her guests.

—Betty Paieda,
vbjpaieda@aol.com

The Flower Calendar needs YOUU!

The following Sundays are still open...

October 14, 21

November 18

December 2, 16, 30

Please contact the [PUC Office](#) to reserve your date!

Photographs by **Gary Hart** from around the world elucidate PUC's Art Wall through October 28.

UU Joke of the Week:

The only thing a UU can't tolerate is intolerance.

[CLICK HERE](#) for more hUUmor!

Upcoming Services

October's Monthly Theme: Faith

10/14: *The "G" Word*

Rev. Tamara Casnova

...explores the varied ways we approach the mystery of life, and how we might communicate effectively and find common ground despite our different conclusions.

10/21: *When Elephants Weep and Dolphins Laugh*

Rev. John Morehouse

You are invited to bring your pet for *The Blessing of the Animals*. The sermon will focus on the emotional life of our pets for them and us.

10/28: *A Faith For All*

Rev. John Morehouse

Honoring both our GLBT compatriots from around the world and the struggle they feel, **Rev. John** will speak about the work being done and still needing to be done.

ALL THAT JAZZ @ PUC THIS SATURDAY

7:30 PM, TOMORROW, SATURDAY, OCTOBER 6 @ PUC

Come enjoy a beautiful evening of jazz and swing music from the 40s and 50s at PUC with **Teri Masters** on Vocals and **Dr. Severin Behnen** on Piano. You'll enjoy the guest vocalists & musicians too.

Original Auction price: \$25 per ticket.

Price at the door: \$15 apiece, or 2 for \$25; or the amount that you feel is correct for a PUC fundraiser.

(A few tickets were donated in advance. Please contact Patricia Hart [310-658-1074] if you want to use one of these.)

Childcare available. For young ones, please bring them dressed in their Pajamas so they feel comfortable to nap during the show.

GLBTQ Movie for October 12: *Sordid Lives*

Sometimes it takes a death to bring a family together. Bonnie Bedelia, Beau Bridges, & Delta Burke put a comedic twist on a story of unconditional love, acceptance and "coming out" in a Texas family.

Please join us next **Friday, October 12** at 7 PM in the PUC Library for an evening of fun, friends, and [Sordid Lives](#).

The South Bay Chamber Music Society Presents:

David Speltz "Family and Friends"

3 PM, Sunday, October 14, 2012 @ PUC

Alyssa Park, Connie Kupka, violins; **Nicole Sutterfield, Gina Coletti**, violas; **Armen Ksadjikian, David Speltz**, cellos

*Verklärte Nacht (Transfigured Night), Op. 4 (1899)

[Arnold Schoenberg](#) (1874 – 1951)

*Duet for Two Celli, Op. 22 (1835)

[Friedrich August Kummer](#) (1797 - 1879)

*String Sextet No. 2 in G Major, Op. 36 (1864–65)

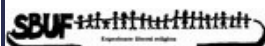
Johannes Brahms (1833 - 1897)

These concerts are presented entirely free of charge. The funds needed to bring you this series come from a combination of public and private sources, but mostly from generous donations from you, our patrons.

Around the District and Beyond...

Good News About UU's

[CLICK THIS LINK](#) for an article on Unitarian Universalists that ran in the USA Today this week. A great piece for us!



See the latest South Bay Unitarian Fellowship newsletter (and archive) by [CLICKING HERE](#)

Special Thanks To Last Sunday's Kitchen Helpers:

Mega Top Chef:

[Frances Morehouse](#)

If you would like to make a 1 & 1/2 hour commitment to help with Food Prep **OR** Patio Setup on a Sunday from 9 AM Sunday morning until Service begins @ 10:30, [Email](#)

[Frances](#)

OR Ring her: 310 291 3399.

It's fun. Rewarding. And pain-free. Look forward to working with you!!

First Sunday Hospitality

Ushers:

George Yenoki & Tracy Blender

Welcome Table:

Marty Gorman

Greeters:

Nancy Hofland & Dennis Murray

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Sunday Service @ 10:30 AM

Pacific Unitarian Church, A Unitarian Universalist

Community Committed to the Free and Responsible Search for Truth, Meaning, and Service

PUC's Board of Trustees

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SOUTHLAND INTERFAITH NEWS



Greetings Greater Los Angeles Partners in Faith! We are very excited to announce that Habitat for Humanity of Greater Los Angeles and Faithful Central Bible Church of Inglewood are joining together for a benefit concert to Celebrate Home and Health and to honor Bishop and Mrs. Kenneth C. Ulmer at 7:15 PM on **Friday, October 19, 2012!**

The evening will feature an extraordinary concert by eight-time Grammy Award winner Gladys Knight, and Maze featuring Frankie Beverly. It will also recognize an extraordinary leader and partner in faith, Bishop Ulmer of Faithful Central. We will celebrate his 65th birthday, 35th wedding anniversary, and 30th year serving in the ministry. The proceeds raised from the benefit concert will help build and renovate homes in greater Los Angeles and in South Africa.

Tickets are going fast, but can still be purchased at www.itsmyseat.com/Celebrate. Please let me know if you have any questions or need more information. Hope to see you there!

—Chris Untiet,
Manager, Faith Relations
Habitat for Humanity of Greater Los Angeles
(424) 246-3622 / chrisu@habitatla.org

Recurring Events

Download the Latest

[AdUUIt Programs Flyer HERE](#)

Sundays

Sunday Adult Religious Education Offerings

1st Sunday

9:15 PM: Faith Like a River: Themes From Our UU History

12:15 PM: Theological Academy—The Buddhist Path to Recovery

12:15 PM (every other 1st Sunday)—Standing on the Side of Love

Documentary Series

2nd Sunday

9:15 AM: In Nature's Honor: Myths, Rituals and Holidays Celebrating the Earth

12:15 PM: The Transition Companion: Making your Community More Resilient in Uncertain Times

3rd Sunday

9:15 AM: Statements of Conscience: Congregational Study Issues--
The Doctrine of Discovery and Immigration Justice

12:15 pm: Introduction to Unitarian Universalism

4th Sunday

9 AM: 12 Months to a Compassionate Community – A reflection on the reading of the book by Karen Armstrong, 12 Steps to a Compassionate Life

12:15 – 1:30PM: Leadership Academy—Leadership and the Individual Module

[5th Sunday \(9/30/12 & 12/30/12, 3/31/13, 6/30/13\)](#)

9:15 AM: Choices in a Jar – Delightful Dilemmas

YRUU High School Group, 10:30 AM, L
Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low Restaurant -
Next Date: Sunday, December 30
Singles-Family Brunch, 4th Sun., 12:30 PM, Offsite
Monthly Town Hall Mtg, 3rd Sun., H
Great Books Discussion Grp, 7 PM, 2nd Sun., L
Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L
Meditation Circle w/ Randy Goff, 7 PM, All but 1st Sun

Mondays

Tai Chi (Pekich), Mondays, 9:30 AM, H
Men's Ministry, 7 PM, V
Environmental Covenant Group, 1st Mon., 7:15 PM, L

Tuesdays

Aerobics: 8:30 AM, H

Wednesdays

Choir Practice: Wed., 7 PM, H

Thursdays

Aerobics: 8:30 AM, H
Women's Circle, 4th Thursdays, 10 AM, *Note new day*
Tai Chi (Beck), Each Thurs., 10 AM, H
Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L
Environmental Priorities Mtg, 1st Thurs., 7 PM, L
Green Sanctuary/Transition Coffee Clatch. 2nd & 4th Thurs., 8-9 PM, Catalina
Coffee Co.

Fridays

Watercolor Workshop, 10 AM - noon, H
Friday Afternoon SGM, 2nd & 4th Fri., 1-3 PM, V
GBLQ Movie, 2nd Fri., 7 PM, L

Saturdays

French Conversation Grp, 2nd & 4th Sat., 10 AM, V. Call Frank Paulsen or Betty
Chevron



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