



Pacific Unitarian Church

A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning, and Service

# The View

September 6, 2012

Deadline: Each Wednesday at noon

Hi {FIRST\_NAME|PUCer},

...and so is *THE VIEW* from PUC ...Lots of Homecoming news and info about exciting new Adult and Youth Religious Ed. and much more. Here you have it -- all the PUC news that fits in print...REEEEAAADD AALLL ABOOUUUT IT!

\* If you're having trouble reading *The View* in your email, [click here to download the PDF version](#)

\* Please send all *VIEW* submissions to [Newsletter@pacificunitarian.org](mailto:Newsletter@pacificunitarian.org)

\* Please send requests for a Sunday announcement to:  
Gary Hart [garylhart@gmail.com](mailto:garylhart@gmail.com)

## September's Monthly Theme: **Dignity**

This Sunday

9:30 AM 1<sup>st</sup> Sunday Forum:

**Faith like a River: Themes from Our UU History**

10:30 AM Service

**Dignity for All**

**Rev. John Morehouse**

**Homecoming Sunday**

This will be our *Homecoming Sunday*. Rev. John explores the nuances of dignity for ourselves and others as we gather the full strength of our community together again. *We will have our **Water Communion** where you will be invited to pour the water from your summer's journeys into our Communion bowl as the Congregation sings.*

We will also invest our leaders and begin our Religious Education Ministry program for our children this Sunday.

**The Week At a Glance**

**Thursday, September 6, 2012**

**7:30 PM Env. Priorities Network-L**

## From Rev. Tamara's Desk

*Every day is a journey, and the journey itself is home.*

—Matsuo Basho

We celebrate Homecoming Sunday together **Sunday, September 9**, bringing vials of water from our summer journeys for our Water Communion, and gathering once more for a new year ahead. This ingathering brings reflection on many kinds of beginnings and journeys: physical journeys to places known and unknown, journeys of heart and soul, journeys of companionship others, journeys of hope and fear and change.

We are lucky to have each other as companions on our journeys! The words to one of my favorite hymns remind us: "We search for truth, equality, and blessed peace of mind. And then, we come together here, to make sense of what we find."

On Sunday, in the spirit of homecoming, you're invited to the all-church barbecue on the Patio following the Service! All ages will also have the opportunity to make prayer flags to ask Governor Brown to sign the TRUST Act to increase public safety and civil liberties.

Every day is a journey, and the journey itself is home. May all our journeys be blessed, and may we always seek to fully live each moment on our life journey, the journey itself as home.

—Rev. Tamara  
[AssocMinister@pacificunitarian.org](mailto:AssocMinister@pacificunitarian.org)

## Religious Education Matters

Welcome to a new year of friendships, learning, and fun. There are many exciting things in store as we grow and learn together!!

This year our Kindergarten through 8th graders (Hobbits, Sojourners, and Voyagers) will be exploring other faith traditions and how they relate to Unitarian Universalism. Our Young Religious Unitarian Universalist (YRUU) group will be living out (and leading others in) the social justice imperative of our faith, and our youngest group, the Pixies, will have fun building friendships in a nurturing environment.

### Sunday, 9/9

Our whole church community gathers on "Homecoming Sunday" for the Water Communion, then the youth will make prayer flags to send to our state capital to support immigrant families. After Church all are welcome to a barbecue (with bubble fun!) to kick off the new year and Religious Education (RE) Ministry registration starts. Parents, be sure to pick up a registration pack and register your child/youth.

### Sunday, 9/16

Next Sunday is the first day of our new RE groups! RE volunteers will be recognized in the worship service and all RE groups will begin. Please make sure to register your child/youth!

I look forward to meeting those of you I have not yet met...

—Rev. Tamara

*Please plan to attend two exciting events this coming **Sunday, 9/9**.* At 9:15 AM, join Jeff Ordway in the Library for one of our newest offerings - *In Nature's Honor: Myths, Rituals, and Holidays Celebrating the Earth*. This will be mini-lecture and activities focusing on pagan and other Earth-centered spiritual practices.

At 12 noon, please join the Green Sanctuary Project in the Library as they unveil a series of films, discussions, and outings based on the book *The Transition Companion: Making Your Community More Resilient in Uncertain Times*. This month will be a film: "[The Vanishing of the Bees](#)."

Also, please visit the Adult RE Table on the patio this coming Sunday for more information on our new programming.

—Kathy Rickey, Adult Religious Education

### Friday, September 7, 2012

10 AM Watercolor Wkshp - No Class Today  
12 PM Morehouse: Tarot Card Reading & Lunch - O [TS]  
6 PM Temple Emet Shabbat Service - H

### Saturday, September 8, 2012

9 AM RE Teacher Team Training-H  
9 AM Temple Emet Torah Study Group - L  
10 AM French Conversation Grp - V [2nd & 4th Saturdays]

### Sunday, September 9, 2012

9:30 AM Forum: Humanist Perspective - L  
10:30 AM Sunday Services-H  
12 PM Green Sanctuary Mtg - "Vanishing of the Bees" Film  
2 PM Waters: Permaculture Home Tour - O [TS]  
5:30 PM Temple Emet Choir Practice - H  
7 PM Meditation w/ Randy - H  
7 PM Great Books Discussion Grp -L

### Monday, September 10, 2012

9:30 AM Tai Chi [Pekich] - H  
7 PM Men's Ministry -V

### Tuesday, September 11, 2012

8:30 AM Aerobics - H  
12 PM Pastoral Care Assoc.s Mtg - L

### Wednesday, September 12, 2012

1 PM Staff Meeting - L  
7 PM Choir Practice - H  
7 PM Infinity in Your Hands Grp -L

### Thursday, September 13, 2012

7 PM Finance Committee - L  
8 PM Environmental Coffee Clatch - Catalina Coffee Co. Redondo Bch



### Pastoral Care

The Celebration of Life for **Don Fridley** has been **RESCHEDULED** for 1:30 PM **Sunday, September 23** at PUC.

## To Have Bees, Or Not to Have Bees: That Is the ???...

PUC's Green Sanctuary and Transition South Bay Los Angeles, will screen *Vanishing of the Bees* on **Sunday, September 9**, at 12 Noon, in PUC's Shuder Library. Learn about this important phenomenon known as Colony Collapse Disorder.

Honeybees have been mysteriously disappearing across the planet, literally vanishing from their hives. This phenomenon has brought beekeepers to crisis in an industry responsible for producing hundred of fruits and vegetables. *Vanishing of the Bees* follows commercial beekeepers as they strive to keep their bees healthy and fulfill pollination contracts across the U.S. As scientists puzzle over the cause, organic beekeepers indicate alternative reasons for this tragic loss.

View the trailer/read more about the film at [www.vanishingbees.com](http://www.vanishingbees.com).  
Questions? Contact [Nancy Hofland](mailto:Nancy.Hofland@puc.org) at (310) 320-6084.

## The Standard American Diet Causes Climbing Cardiovascular Risk For Teens

The standard American diet has begun to do its damage on our children, placing them at much higher risk of chronic diseases than previous generations. New data published this week from a survey of thousands of U.S. teenagers has reported sobering news about the health of our nation's young people. They found that 49% of overweight teenagers and 37% of normal-weight teenagers had one or more risk factors for cardiovascular disease, including diabetes, high LDL cholesterol, and hypertension: Twenty-three percent of teens are prediabetic or diabetic - this number has more doubled in the past ten years. For the whole article from Dr. Joel Fuhrman, [CLICK HERE..](#)

—Diane Bassett, Health Justice Coordinator

## PUC FUUNdraiser—Belly Dance Show at the Hermosa Beach Playhouse on September 30!

Dear PUCers --As many of you know, I've been studying and performing Middle Eastern Dance for 12 years—solo and with a local dance company, Babylon Mood. PUC has done a lot for us over the years (hall rentals, performances, and many of you came to see us at PUC!). Babylon Mood is producing an annual show at the Hermosa Beach Playhouse entitled "The Art of Belly Dance: Ancient to Modern" from 4 - 6 PM on **Sunday, September 30**.

This show brings together some of the LA areas best known belly dance artists performing traditional and edgy theatrical and fusion style belly dance. This will be a great show with a very diverse cast of all ages and both genders. There will also be bonus a



## 9/29, 9 AM, September Sprucing-Up Party -- Your Chance to Make a Difference, & Make Some New Friends

**Saturday, September 29**, we'll be conducting a PUC campus-wide *September Sprucing-Up Party*. We'll spend the day cleaning up, touching up, and just plain polishing up our campus and facilities. It is a great opportunity to get to know your fellow PUCers while helping make our home look better.

We'll be Sprucing Up from 9 am until we run out of things to do or we run out of energy. Any amount of time that you can donate during the day will have a demonstrable impact – an hour or two can make a difference. If you are planning on participating, please let **John Einhorn** know, including when you think you will be there. If there are specific areas of the campus or specific items that you believe need addressing during this Sprucing Party – please let John know – [einchild1@verizon.net](mailto:einchild1@verizon.net), or 310-937-3134. Thanks – and see you there!

*Where Have All the Flower(bringer)s Gone?  
Is it Your Turn to Bring Flowers on Sunday Morning?!?!  
Plenty of dates are still available:*

**September 23**

**October 14, 21**

**November 18**

**December 2, 16, 30**

Please contact the [PUC Office](#) to reserve your date!

*Photographs by Marvel*

of all ages and both genders. There will also be bonus a performance of traditional Aztec Dance with a Day of the Dead theme.

To thank PUC for its past support, we will be giving 30% of every ticket sold to a PUC member or friend back to the Church. Presale tickets are \$12, and \$3.60 for every ticket will go to PUC. Catch me on the Patio this **Sunday, September 9** after the Service, if you would like to buy/order tickets. Better yet, e-mail me at [connieroy@earthlink.net](mailto:connieroy@earthlink.net) or call me at 310.951.2149 and I'll come find YOU with the tickets—I'm glad to mail them too!

—Connie Nitzschner

## Rachel Bruhnke Invites You to an Open House at "Harbor Farms"

Mother Earth News, "The original guide to living wisely", has launched September as " U.S. Homestead Month." Across the country, tens of thousands of us are working (hard!) to show that we can enormously increase our "resource self-reliance," even on a small property. We are creating models for ourselves, our families, our neighbors, our country.

Here in San Pedro, Harbor Farms 1, a 1/10 acre property near the waterfront, is holding an open house! Please come by! Bring your camera, a notebook, a smile, your questions, & YOUR ideas...

[334 17th Street](#)

[San Pedro CA 90731](#)

RSVP if you can! 310-833-9945

...Creating a new way is a SURE way to transcend the old way.

—Rachel Bruhnke

## Book & Movie Drive for Camp de Benneville Pines Library Continues

Nico Unverzagt, a local Girl Scout, is currently working on her Gold Award, the highest award in Girl Scouts. Her project is to re-vamp the Library building up at Camp de Benneville, so for the past few weeks, she has been conducting a book & movie drive at PUC.

Please bring your favorite book or DVD that you would like to share with campers at de Benneville Pines to church! Nico will have a collection box stationed outside the Kitchen all week long and will return to continue the collection and answer any questions on

**Sunday, September 9.**

### Recurring Events

[Download the Latest](#)

[AdUUIt Programs Flyer HERE](#)

### Sundays

Sunday Morning Forum, 9:30 AM, L

1<sup>st</sup> Sunday: **Faith like a River: Themes from our UU History**

2<sup>nd</sup> Sunday: **In Natures' Honor: Myths & Rituals Celebrating the Earth**

3<sup>rd</sup> Sunday: **UUA Statement of Conscience issues:** This month:

Immigration Justice--discussion of the [Christian Doctrine of Discovery](#) and its affect on immigration policy

**Burke & Noel Hammond garnish PUC's Art Wall through September 30.**

### UU Joke of the Week:

The Unitarians don't want salvation, they want closure.

- Garrison Keillor

[CLICK HERE](#) for more hUUmor!

## Upcoming Services

September's Monthly Theme:  
**Dignity**

**9/16: Closer to Fine**

**Rev. John Morehouse**

All of us are flawed in some way. Rev. John explores embracing our imperfections as a means to living a dignified life.

**9/24: Crossing Borders**

**Rev. John Morehouse**

We live near all kinds of borders; geographic, cultural, economic, educational, and vocational. We grow by crossing the borders and returning home again. Rev. John suggests some ways to cross the borders of our lives and reach out to others.

**9/30: Of Giraffes and Standing Up to Life**

**Rev. Tamara Casanova Suzuki**

What does it take to stand up to life, to speak up for what we believe is true and right? How can we live lives of meaning, courage, dignity, and hope? **Rev. Tamara** uses the life and teachings of a former Unitarian minister, Walton E. Cole, to provide some insight into these timeless questions.

**Special Thanks To Our Kitchen Helpers:** Top chef



direct on immigration policy

4<sup>th</sup> Sunday: **[9 AM] 12 Months to a Compassionate Community: A Reflection on The 12 Steps to a Compassionate Life**

5<sup>th</sup> Sunday: **Choices in a Jar — Delightful Dilemmas**

YRUU High School Group. 10:30 AM, L

Half a Century Marrieds Group, 5th Sun., 12 noon, Fu Yuan Low Restaurant -

Next Date: **Sunday, September 30**

Singles-Family Brunch, 4th Sun., 12:30 PM, Offsite

Monthly Town Hall Mtg, 3rd Sun., H

Great Books Discussion Grp, 7 PM, 2nd Sun., L

Books in Our Lives Covenant Group, 1st & 3rd Sun., 7 PM, L

Meditation Circle w/ Randy Goff, 7 PM, All but 1st Sun

#### **Mondays**

Tai Chi (Pekich), Mondays, 9:30 AM, H

Men's Ministry, 7 PM, V

Environmental Covenant Group, 1st Mon., 7:15 PM, L

#### **Tuesdays**

Aerobics: 8:30 AM, H

#### **Wednesdays**

Choir Practice: Wed., 7 PM, H

#### **Thursdays**

Aerobics: 8:30 AM, H

Women's Circle, 4th Thursdays, 10 AM, \*Note new day\*

Tai Chi (Beck), Each Thurs., 10 AM, H

Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L

Environmental Priorities Mtg, 1st Thurs., 7 PM, L

Green Sanctuary/Transition Coffee Clatch. 2nd & 4th Thurs., 8-9 PM, Catalina Coffee Co.

#### **Fridays**

Watercolor Workshop, 10 AM - noon, H

Friday Afternoon SGM, 2nd & 4th Fri., 1-3 PM, V

GBLTQ Movie, 2nd Fri., 7 PM, L

#### **Saturdays**

French Conversation Grp, 2nd & 4th Sat., 10 AM, V. Call Frank Paulsen or Betty Chevron

#### **Pacific Unitarian Church**

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**Sunday Service @ 10:30 AM**

French Helper: Top Chef

Vivien Hao and her sou chef crew which included Deb Reynolds, Dean Curliss, Diane Brunson, Val Richards, Pam Harris, Linda Shahian, and everybody else who helped make our Virgo birthday party a success!

**Yoko & David Kane** are organizing a cook-out / grill-off fUUn(d)-raiser lunch this, **Sunday, September 9**, after the Homecoming Service...Sounds like another "GOLDEN SPORK AWARD" winning feast!!

Virgin &...ummmm...experienced margaritas will also be served!

Come join us!

Contact Mega Top Chef [Frances Morehouse](#) if you'd like to help with the September 9 Cookout!

#### ***First Sunday Hospitality***

**Sunday Coffee Hour**

**Coordinator:** [Frances Morehouse](#)

*[Contact Frances](#) if you would like to help!*

#### **Ushers:**

Alana Garrigues & OPEN POSITION

#### **Welcome Table:**

Betty Hanner & Chip Morgan

#### **Greeters:**

Peggy Tigerman & Jean Tordella

#### **PUC's Board of Trustees**

**Gary Hart**, President

**Clay Bosler**, Secretary

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