



Pacific Unitarian Church

A Unitarian Universalist Community

Committed to the Free and Responsible Search for Truth, Meaning, and Service

# The View



May 10, 2012

Deadline: Each Wednesday at noon

Hi PUCer,

...*THE VIEW* from PUC is full of info about events for mommies, daddies, siblings and YoUU!!! It's all here in *THE VIEW* from PUC....REEEEEEAAD AAALL ABOOUUTT IT!

If you're having trouble reading the View in your email, [click here to download the PDF version](#)

Please send all VIEW submissions to [Newsletter@pacificunitarian.org](mailto:Newsletter@pacificunitarian.org)

## REnews

Back in the fall of 1990 the Religious Education Committee began a tradition here at Pacific Unitarian Church—the Unitarian Universalist *Coming of Age*, or *Rite of Passage*. This program is offered to children in the 8<sup>th</sup> or 9<sup>th</sup> grade, usually age 13 or 14. This is a time when they are truly passing from one life stage to another. Our culture has not always recognized the need for the *Rite of Passage* rituals needed by young people.

We here at PUC believe that all of our *Passages on our Life Journeys* should and MUST be celebrated. And so on **Sunday, May 20**, we will share in our 13<sup>th</sup> *Coming of Age* ceremony with 7 very fine young people. Some have been coming to PUC since they were quite young, and others for only a short time. I am awed by each of their unique qualities, and honored to watch them grow into such outstanding young women and men.

When a youth decides to participate in this program, s/he is matched with an adult mentor from the Congregation. These 7 pairs have spent the last 5 months together, going through Affirmation

classes that had activities and discussions exploring many subjects, such as spirituality, social justice, religious identity, and simply growing up. These activities helped them to focus on who they are right now in their lives and gave them a good grounding for where they are headed in the future. How do they think and feel about all these many facets of their lives and their relationship to the world at large?

They will not be confirming a doctrine...but they will be affirming who they are as religious beings. It is our religious faith, a faith made

### This Sunday

**9:30 AM 2<sup>nd</sup> Sunday Forum:**  
***A Humanist Perspective***

10:30 AM Service  
**My Mama Used to Say...**  
**Rev. Teri Masters,**  
**Interfaith Minister**

**Mother's Day - Flower Communion:** Please bring a flower or two to share and go away with another flower.

9:15 AM Big Growth Plan Grp Mtg-V

9:30 AM Forum: Humanist Perspective - L

11:45 AM Kids' Choir Rehearsal - CR1

12:15 PM Green Sanctuary Mtg - L  
7 PM Great Books Discussion Grp - L

7 PM Meditation Circle w/ Randy - L

*Sunday's Flowers are from*  
**Alana Garrigues**

**UUncle Sam Wants You**  
**(to Bring Flowers...)**  
**Is it Your Turn to Bring Flowers on**  
**Sunday Morning?!?! Plenty of**  
**dates are still available:**

5/20

6/3, 17, 24

7/15, 22, 29

Please contact the PUC Office to

very individual by each of us, a patchwork of people and ideas that makes the difference in our lives and holds us together.

Please be sure to join us for this very special and moving service, It is a crowd favorite!! In gratitude.

—Renée Daley,  
Director, Religious Education

## Make Your 2012-13 Stewardship Contribution by May 13

As I shared in Church last Sunday, we are wrapping up our 2012-2013 Stewardship Contribution Campaign. In previous years, each spring was our "Yearly Pledge Event"; this year, we're transitioning to a Monthly Contribution model which provides the Church with a more consistent cash flow and is easier to manage.

This Stewardship Contribution Campaign is the Foundation of PUC's financial support. Last year your contributions made up almost 70% of PUC's income. Our operating budget depends on your direct financial support. We simply can't run the Church without your contributions!

Almost 65% of our annual operating budget goes to salary and benefits for our outstanding professional staff who are the Foundation on which we depend. Last weekend, the Women's Gender Circle was run by **Renée Daley**, our Director of Religious Education, and **Rev. Teri Masters**, our Director of Pastoral Care. Many of us depend on **Craig Block**, our Church Administrator, for his help and knowledge. At Church on Sundays we hear the wonderful, inspiring music of **Severin Behnen** and the Choir. And we keep coming back to hear **Rev. John's** sermons – which can inspire, inform and have us question and debate what we heard. We are UU's after all!

If you haven't yet received your contribution information, please come by the Stewardship Table on the Patio after Sunday's Service. You will receive a "personalized" Contribution Card showing how much you're currently contributing monthly as well as a "Message from Your Board of Trustees". If you didn't participate in last year's Pledge Campaign, you'll receive a blank Contribution Card and the Board message. Any envelopes not picked up will be mailed on **May 14**.

We need every PUC Member and Friend to participate in this campaign by turning in your Monthly Contribution Card, or filling out

the [form online](#) by this **Sunday, May 13**. Thank you for being part of this wonderful community and for your time, talents and treasures. You are PUC's Foundation to an even greater tomorrow!

—Pam Harris, Stewardship Chair

## [GLBTQ Movie for May 2012: Philadelphia](#)

**THIS Friday Night** at 7 PM In the PUC Library.

Please join us this Friday to watch Tom Hanks (in his first Academy Award winning performance), Denzel Washington, and Antonio Banderas, in this ground-breaking film.

## Join our next Buddy Mixer May 12

This potluck dinner is especially for our visitors, new members, and Buddy volunteers to get to know others at PUC. One of our newest members, **Noelle Portland**, and her daughter Amara are hosting this Mixer. Interested? Contact Buddy Coordinator Denise Skierow at

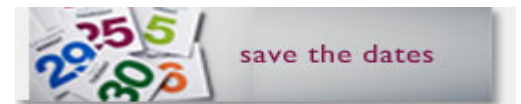
[reserve yours!](#)

Arts of Two Sisters – Jane  
Parmenter & Marvel Burke  
animate PUC's Art Wall  
through  
**Sunday, May 20.**

### UU Joke of the Week:

What does a UU say when someone sneezes?

"Oooh, ick! Get away! Germs!"



**5/27, Tastiest FUUn(d) Raiser of the Year! Sunday on May 27 Scrumptious Memorial Day Weekend BBQ** on the Patio after Church on **Sunday, May 27**

\* \$7 suggested donation for a veggie, meat, or cheese burger, plus sides.

\* Larger donations accepted with a SMILE – it's all for PUC's General Fund!

\* Come for any reason you like, but consider fortifying yourself for an edifying afternoon of putting in PUC's new Permaculture Garden. Proudly brought to you by the **Cottage Party Animals ELF Group**

**6/8-10, ONLY A FEW SPOTS LEFT FOR PUC de Benneville Pines Retreat -- Signups**

**Continue THIS Sunday on the Patio!!**

The annual PUC All Church Retreat, at our beautiful [Camp de Benneville Pines](#) is coming up! We share this weekend with the UU Church of Anaheim, which is a great way to meet other UUs in our district as well as our own Church family.

People of all ages, old and new to our Church, enjoy 48 hours of bliss in the mountains.....they come back refreshed and invigorated.

Registration for this wonderful weekend of fUUn continues **THIS SUNDAY** on the Patio. Contact **Andy Kissner** for more

mixer. interested? Contact Buddy Coordinator **Denise Sniozawa** at [denise@umeworks.com](mailto:denise@umeworks.com).

### 2012 PV/SOUTH BAY SOLAR HOMES TOUR THIS SATURDAY

The Environmental Priorities Network is sponsoring its 7th annual Solar Homes Tour in the Palos Verdes/South Bay area from 9 AM to 4:30 PM on **Saturday, May 12, 2012**. Attending this tour or any home included in it will open up a new world of technologies to help you to participate in a sustainable energy economy. [Read More...](#)

[Download the flyer](#) that lists the addresses and the directions to seven tour homes or contact the EPNers listed below to receive it. Please present the flyer to the host or hostess of each home that you visit.

Co-Sponsors of this event are the Pacific Unitarian Church Social Justice Committee and the South Coast Interfaith Council. To obtain the Solar Homes Tour flyer or for more information about the Tour on **May 12** please contact Diane Wallace at 310 -266 1241 [dmbarkwall@gmail.com](mailto:dmbarkwall@gmail.com) or Lillian Light at 310 - 545 1384, or [llight@verizon.net](mailto:llight@verizon.net).

### 2012 MEMORIAL TILES DEDICATION - SUNDAY, MAY 27

Our annual dedication ceremony will take place in the Memorial Garden *immediately* after the Service on **Sunday, May 27**, at approximately 11:45 AM.

All are welcome to attend a brief Service in remembrance of those who passed away since last year's dedication and have tiles on the Memorial Wall. We will be honoring 5 of our longtime members: Ann Booth, Jane Dietrich, Marge Hill, Ed Hummel, and Barbara Michaels.

There is also a fund-raising BBQ after Church on Sun., the 27th, which will be setting up and ready to start about the time the dedication is finished.

There will be a few chairs for family and those who need them. We hope to see you there.

—Mariann Mueck, Memorial Committee Chair

### Your Social Justice Team has an invitation for you:

#### Won't You Come Walk with Us to Fight World Hunger?

We will join the **Peninsula-Harbor Hunger Walk in San Pedro** on **Saturday, June 2**. You could walk or help to sponsor a walker. See a member of the Social Justice Team for more info. Or contact [Lee Ann Hart](#): [lahart5@gmail.com](mailto:lahart5@gmail.com).

### \$ PUC RUMMAGE SALE \$

9am- 1pm, FRIDAY, JUNE 1 and 8am -12 noon, SATURDAY, JUNE 2

\* Bring Fabulous Castoffs to the Voyagers Room Starting **Sunday, May 13**

\* Volunteers are needed to work on Thursday, Friday and Saturday

#### Items Wanted:

Jewelry - Beach Items - Stain-free - Clothes - Tools - Purses - Sports Equipment - Toys - Lamps - Kitchen & Bath Items - Books - Plants & Pots - Small furniture - Bikes - Decorative Items - Other Treasures

any member for more information.

### Upcoming Services May's Monthly Theme: Vision

#### 5/13: My Mama Used to Say...

Rev. Teri Masters, Interfaith Minister

Rev. Teri invites us to celebrate the wisdom of those who have mothered us. We will come together to celebrate Mother's Day as a day for thanksgiving, renewal, and rededication.

#### 5/20: Coming of Age Celebration

Meet the future of our faith! This special intergenerational Service celebrates a rite of passage for our 8th & 9th grade "Coming of Agers" with word & song. Join us!

#### 5/27: Faith in the Post Idea Age

Rev. John Morehouse

### Recurring Events

#### Sundays

Sunday Morning Forums, 9:30 AM, L

1<sup>st</sup> Sunday: A UU Exploration of Our Monthly Theme

2<sup>nd</sup> Sunday: A Humanist Perspective

3<sup>rd</sup> Sunday: Spirituality and UU

4<sup>th</sup> Sunday: [9 AM] 12 Months to a Compassionate Community: A reflection on The 12 Steps to a Compassionate Life

5<sup>th</sup> Sunday: Choices in a Jar—Delightful Dilemmas (4/29, 7/29, 9/30 & 12/30)

YRUU High School Group, 10:30 AM, L

All-Church Potluck Brunch, 1st Sun., P  
Singles-Family Brunch, 4th Sun., 12:30 PM, Offsite

Monthly Town Hall Mtg, 3rd Sun., H

Great Books Discussion Grp, 7 PM, 2nd Sun., L

Meditation Circle w/ Randy Goff, 7 PM, All but 1st Sun

#### Mondays

Tai Chi (Pekich), Mondays, 9:30 AM, H

Women's Circle, 4th Monday, 10 AM, L

Environmental Covenant Group, 1st Mon., 7:15 PM, L

#### Tuesdays

Addictions & Recovery Ministry Mtg, 2nd Tues., 7 PM, L

## Do NOT Bring:

Paint Broken Stuff Old computers TVs  
Single Drinking glasses &/or glasses w/logos

## Needed: *People who like wheeling, dealing and smiling*

**Set up:** 9-12, Thursday morning and 6:30 -9:30 PM Thursday night

**Sale:** Friday and Saturday 8-10 volunteers per day

\*1 Sign Maker—Paint a king-size sheet to Advertise the Rummage Sale and make 10 street signs.

\*Four people to work two 2.5-hour shifts per day to sell doughnuts, coffee, chips, apples, sodas and hot dogs.

\*Boxes, bags and newspaper

\*Contact: **Laura MacMorran** – 310-540-0369 or 310- 944-8858  
[gordon.macmorran@verizon.net](mailto:gordon.macmorran@verizon.net).

## Use Your Diet to Reduce Your Risk of Stroke

May is stroke awareness month. The factors that put you at risk for ischemic stroke (the most common kind) are the same factors for heart disease. In fact, we often refer to a stroke as a “brain attack” much like a blockage to the heart is referred to as a “heart attack.”

Fortunately, the same lifestyle recommendations that can prevent and actually reverse heart disease and diabetes are the same recom-

mendations that can reduce your risk of stroke. We’ve all heard that we should maintain a healthy weight and “eat right” but what exactly does that mean? What does the scientific data support? <[read more](#)>

## All Day Meditation Retreat Saturday, May 19, 9 am–5:30 pm @

**PUC Long Beach Meditation** provides an opportunity for a deep, intensive meditation experience at their All-Day Saturday, May 19, retreat @ PUC led by [Victor Byrd](#).

[Click here to register](#) or get information at: (562) 804-5570

## Coastal California Permaculture Tool Box for Sustainable Living Weekend Workshop: May 26, 27 & 28 @ PUC *If you're a gardener, this is the workshop for you.*

You'll learn about: Land Planning; Irrigation; Soil fertility management – composting and vermiculture composting; Mulching - permaculture lasagna; Annual and Perennial herbs, vegetables, fruit and nut trees; and much more...**AND help install PUC's Permaculture Garden at the same time!** [Click here for the flyer](#).

Sponsored by PUC's Green Sanctuary. Contact: [transitionsouthbayla@gmail.com](mailto:transitionsouthbayla@gmail.com) to RSVP or [CLICK HERE REGISTER ONLINE](#).

Email [doridemombynestippet@cox.net](mailto:doridemombynestippet@cox.net) or phone Nancy Hofland: 310-320-6084 for more information.

## Personal Safety Workshop for College-Bound Girls May 29 @

**PUC** Join us **Tuesday, May 29** from 7:00-8:30 PM for a free, frank discussion of what you need to know to be prepared for and protected in your new life at college.

### You'll learn about:

- \* *How to avoid being a target*
- \* *Intuition*

## **Wednesdays**

Choir Practice: Wed., 7 PM, H

## **Thursdays**

Tai Chi (Beck), Each Thurs., 10 AM, H

Seniors Pow Wow to Share How, 3rd Thurs., 11 AM, L

Environmental Priorities Mtg, 1st Thurs., 7 PM, L

Men's Ministry, 7 PM, V

Green Sanctuary/Transition Coffee Clatch. 2nd & 4th Thurs., 8-9 PM, Catalina Coffee Co.

## **Fridays**

Watercolor Workshop, 10 AM - noon, H

Friday Afternoon SGM, 2nd & 4th Fri., 1-3 PM, V

GBLTQ Movie, 2nd Fri., 7 PM, L

## **Saturdays**

French Conversation Grp, 2nd & 4th Sat., 10 AM, V. Call Frank Paulsen or Betty Chevron



## **PUC Sunday Hike – Join us Sunday, May 20!**

*Ready for Another Sunday Hike?* Gather in the PUC Parking Lot- 12:15 PM start-time.

Join us for a moderately paced hike on hilly terrain, covering about 3 miles on dirt trails.

**You will need:** Lunch and water, wear sturdy shoes, a hat, and light layers of clothing.

All trailheads are within 20 minutes of Church. If you want to meet at the trailhead, call Janet for the meeting place, and so that we will expect you.

**Janet Steinberg 310-922-7734 (cell)**

## **The Weekend At a Glance**

[Get this month's PUC Calendar Here!](#)

### **Thursday, May 10, 2012**

8 PM Environmental Coffee Clatch - Catalina Coffee Co. Redondo Bch

### **Friday, May 11, 2012**

10 AM Watercolor Wkshp - H

1 PM Friday Afternoon SGM - V

intention

- \* *Survival signals*
- \* *Boundary setting*
- \* *Your physical strengths*
- \* *Asking for help when needed*

Open to girls and women of all ages. Taught by **Danielle Weinstock** of IMPACT Personal Safety. This event is free, but **REGISTRATION IS REQUIRED @ [dlwein4998@gmail.com](mailto:dlwein4998@gmail.com)**  
See the flyer: <http://pacificunitarian.org/pdfs/personalsafetyflyer.pdf>

## *Around the District and Beyond...*

**Justice GA is Coming to Phoenix June 20-24, 2012, Are YouUU? - Registration Is Underway!**

There will be something for everyone at this GA, no matter where you may be in the spectrum of social justice work - whether you're just beginning and coming to learn, or whether you're a seasoned activist - there will be programming and opportunities for you to have meaningful involvement.

If you haven't registered for GA yet, don't forget that you can apply for PSWD scholarships until **May 15**.

*Registration, Housing Reservations and much more information about the upcoming Justice General Assembly is available at [www.uua.org/ga](http://www.uua.org/ga).*

### **Pacific Unitarian Church**

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[Rancho Palos Verdes, CA 90275](#)

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[admin@PacificUnitarian.org](mailto:admin@PacificUnitarian.org)

[www.pacificunitarian.org](http://www.pacificunitarian.org)

**Sunday Service @ 10:30 AM**

**Office Hours: Sun.: 9 am - 3 pm**

**Mon. - Thurs: 10 am - 4 pm**

**Pacific Unitarian Church, A Unitarian Universalist Community**

Committed to the Free and Responsible Search for Truth, Meaning, and Service

7 PM GLTBQ Movie Night - L  
[*Philadelphia* w/ Tom Hanks]

### **Saturday, May 12, 2012**

9 AM Library Spruce-Up Project - L  
10 AM French Conversation Grp - V  
[2nd & 4th Saturdays]  
10 AM Chalice Oak Foundation - CR3  
1 PM Free Quilting Class w/Kellie - CR1  
4 PM Buddy Mixer - O [P]

### **Sunday, May 13, 2012**

#### **Mother's Day - Flower Communion**

9:15 AM Big Growth Plan Grp Mtg-V  
9:30 AM Forum: Humanist Perspective - L

10:30 AM Sunday Services-H  
11:45 AM Kids' Choir Rhrl - CR1  
12:15 PM Green Sanctuary Mtg - L  
7 PM Great Books Discussion Grp - L  
7 PM Meditation w/ Randy Goff - H

### *Second Sunday Hospitality*

#### **Sunday Coffee Hour**

**Coordinator:** [Frances](#)

[Morehouse](#)

*Contact Frances if you would like to help!*

**Ushers:** Raychel Lydon & Alana Garrigues

**Welcome Table:** Betty Hanner & Chip Morgan

**Greeters:** Jean Tordella & Peggy Tigerman

